

## Child and Family Services Health and Well-Being (HWB) Plan of Study 2015-2016

Fall	First Year	Spring
ENGL 1113 Composition I or 1313 Critical Analysis and Writing I		ENGL 1213 Composition II <i>(Prerequisite: ENGL 1113, 1123, or 1313)</i>
HS 1112 Human Sciences Freshman Experience or 3112 Human Sciences First-Year Transfer Experience		or 1413 Critical Analysis and Writing II
		POLS 1113 American Government
HDFS 1112 Intro to Human Development & Family Science		MATH 1513 College Algebra (Req. pre-req) <i>(Appropriate OSU Math Placement Score)</i>
HDFS 2113 Lifespan Human Development		NSCI 2114 Principles of Human Nutrition
HIST 1103 Survey of American History or 1483 American History to 1865 or 1493 American History since 1865		ELECT (3) Required Elective - HHP 2213 Principles in HHP
		<b>16 Hours</b>
“H” (3) Lower Division Humanities <i>(H/I course suggested)</i>		
	<b>16 Hours</b>	

Fall	Second Year	Spring
HDFS 2213 Human Sexuality		HDFS 2123 Developmental Disabilities: Issues Across the Lifespan <i>(Prerequisite: HDFS 2113)</i>
HDFS 2433* Relationship Dev. and Marriage		
STAT 2053 Elementary Statistics for the Social Sciences <i>(Prerequisite: MATH 1483 or 1513)</i>		HDFS 2523 Prof. Skills in Human Services <i>(Prerequisites: HDFS 1112, 2113)</i>
BIOL 1114 Introductory Biology (Req. pre-req)		“H” (3) Humanities Course
“S” (3) HHP2603 Total Wellness <i>(Required for HERP minor)</i>		ELECT (4) Required Elective HHP 2654 Applied Anatomy <i>(Prerequisite: BIOL1114)</i>
		SPCH 2713 Intro to Speech Communication
	<b>16 Hours</b>	<b>16 Hours</b>

Fall		Third Year	Spring		
HDFS	3423*	Adolescent Development (Prerequisite: HDFS 2113)	HDFS	3413	Infant and Child Development (Prerequisite: HDFS 2113)
HDFS	3443*	Family Dynamics (Prerequisite: HDFS 2113)	HDFS	3513	Research Methods (Prerequisite: STAT 2053 or equivalent)
HDFS	3123	Parenting (Prerequisite: HDFS 2113 or other lifespan development course)	HDFS	3511	No longer offered; Replace with 1 hour of elective credit.
ENGL	3323	Technical Writing (Prerequisite: ENGL 1113 or 1213 or 1313 and junior standing)	ELECT	(3)	Required Elective HHP 3613 Community Health (Requires Consent of Instructor)
ELECT	(4)	Required Elective HHP 3114 Physiology of Exercise (Prerequisite: MATH1513)	ELECT	(3)	Required Elective HHP 3643 Health Behavior Theory (Requires Consent of Instructor)
<b>16 Hours</b>			ELECT	(3)	Required Elective HHP4973 Program Design in HEP (Requires Consent of Instructor)
			<b>16 Hours</b>		

Fall		Fourth Year	Spring		
HDFS	4413*	Adulthood and Aging (Prerequisite: HDFS 2113)	HDFS	4563	Internship in Child and Family Services I (Prerequisites: HDFS 1112, 2523, 4521, senior standing & consent of advisor & instructor)
HDFS	4433	Family Life Education (Prerequisites: HDFS 2113, 3123, senior standing)	HDFS	4572	Internship in Child and Family Services II (Prerequisites: HDFS 1112, 2523, 4521, senior standing & consent of advisor & instructor)
HDFS	4473	Policy, Law, and Advocacy (Prerequisites: HDFS 3513)	HDFS	4423*	Risk and Resilience (Prerequisite: HDFS 3443)
HDFS	4533	Critical Issues in HDFS (Prerequisite: senior standing)	HDFS	4713*	Family Resource Management
HDFS	4521	Pre-Internship (Prerequisites: HDFS 1112, 2523, HS 1112 or 3112 (or concurrent), senior standing & consent of advisor & instructor)	<b>11 Hours</b>		
ELECT	3)	Controlled Elective (required for HERP minor)			
<b>16 Hours</b>					

**NOTE: Required and Controlled electives from HWB Professional Track Advising Sheet and approved by Advisor. Students on the HWB track must declare a minor in HEPR – 26 hours**

**Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course. Must have one course designated with “D” Diversity Dimension. HDFS2123 meets this requirement.**

\*Courses are offered on the Stillwater Campus during the following semesters:  
Fall: 2433, 3423, 3443, 4413      Spring: 4423, 4713

**Other Requirements:**

†Meets Certified Family Life Education national requirements.

\*40 hours must be upper-division.

\*\*A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.

\*\*\*See Professional Track Advising Sheets listing controlled electives. Some tracks may require more than 21 hours.

Transfer Admission Requirements: 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours  
**Additional State/OSU Requirements** – At least 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU. Limit of one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours. Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation. Degrees that follow this plan must be completed by the end of Summer 2021.

**Don't Forget...**

This is a four-year plan subject to modifications in curriculum(s) offerings and scheduling.

This plan is provided as a courtesy. The OFFICIAL degree requirements sheet is used to determine eligibility for graduation. Ask for an OFFICIAL degree requirements sheet at the time of first date of enrollment.

**May 2015**