Child and Family Services
Health and Well-Being (HWB) Plan of Study
2015-2016

<table>
<thead>
<tr>
<th>Fall</th>
<th>First Year</th>
<th>Spring</th>
</tr>
</thead>
<tbody>
<tr>
<td>ENGL 1113 Composition I</td>
<td>ENGL 1213 Composition II</td>
<td>(Prerequisite: ENGL 1113, 1123, or 1313)</td>
</tr>
<tr>
<td>or 1313 Critical Analysis and Writing I</td>
<td>or 1413 Critical Analysis and Writing II</td>
<td></td>
</tr>
<tr>
<td>HS 1112 Human Sciences Freshman Experience</td>
<td>POLS 1113 American Government</td>
<td></td>
</tr>
<tr>
<td>or 3112 Human Sciences First-Year Transfer Experience</td>
<td>MATH 1513 College Algebra (Req. pre-req)</td>
<td>(Appropriate OSU Math Placement Score)</td>
</tr>
<tr>
<td>HDFS 1112 Intro to Human Development &amp; Family Science</td>
<td>NSCI 2114 Principles of Human Nutrition</td>
<td></td>
</tr>
<tr>
<td>HDFS 2113 Lifespan Human Development</td>
<td>ELECT (3) Required Elective - HHP 2213</td>
<td></td>
</tr>
<tr>
<td>HIST 1103 Survey of American History</td>
<td>16 Hours</td>
<td></td>
</tr>
<tr>
<td>or 1483 American History to 1865</td>
<td></td>
<td></td>
</tr>
<tr>
<td>or 1493 American History since 1865</td>
<td></td>
<td></td>
</tr>
<tr>
<td>“H” (3) Lower Division Humanities</td>
<td></td>
<td>(H/I course suggested)</td>
</tr>
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<td></td>
<td></td>
</tr>
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<tr>
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<tbody>
<tr>
<td>HDFS 2213 Human Sexuality</td>
<td>HDFS 2123 Developmental Disabilities: Issues Across the Lifespan</td>
<td>(Prerequisite: HDFS 2113)</td>
</tr>
<tr>
<td>HDFS 2433* Relationship Dev. and Marriage</td>
<td>HDFS 2523 Prof. Skills in Human Services</td>
<td>(Prerequisites: HDFS 1112, 2113)</td>
</tr>
<tr>
<td>STAT 2053 Elementary Statistics for the Social Sciences (Prerequisite: MATH 1483 or 1513)</td>
<td>“H” (3) Humanities Course</td>
<td></td>
</tr>
<tr>
<td>BIOL 1114 Introductory Biology (Req. pre-req)</td>
<td>ELECT (4) Required Elective</td>
<td></td>
</tr>
<tr>
<td>“S” (3) HHP2603 Total Wellness</td>
<td>HHP 2654 Applied Anatomy</td>
<td>(Required for HERP minor)</td>
</tr>
<tr>
<td>(Required for HERP minor)</td>
<td>(Prerequisite: BIOL1114)</td>
<td></td>
</tr>
<tr>
<td>16 Hours</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SPCH 2713 Intro to Speech Communication</td>
<td></td>
<td>16 Hours</td>
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</table>
### Professional Track Advising Sheet

**Required and Controlled electives from HWB Professional Track Advising Sheet and approved by Advisor.**

**Students on the HWB track must declare a minor in HEPR – 26 hours**

**Must have one course designated with “I” International Dimension. Students are encouraged to take H/I course.**

**Must have one course designated with “D” Diversity Dimension. HDFS2123 meets this requirement.**

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### Fall

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<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Prerequisites/Notes</th>
</tr>
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<tbody>
<tr>
<td>HDFS 3423*</td>
<td>Adolescent Development</td>
<td>(Prerequisite: HDFS 2113)</td>
</tr>
<tr>
<td>HDFS 3443*</td>
<td>Family Dynamics</td>
<td>(Prerequisite: HDFS 2113)</td>
</tr>
<tr>
<td>HDFS 3123</td>
<td>Parenting</td>
<td>(Prerequisite: HDFS 2113 or other lifespan development course)</td>
</tr>
<tr>
<td>ENGL 3323</td>
<td>Technical Writing</td>
<td>(Prerequisite: ENGL 1113 or 1213 or 1313 and junior standing)</td>
</tr>
<tr>
<td>ELECT</td>
<td>Required Elective</td>
<td>HHP 3114 Physiology of Exercise (Prerequisite: MATH1513)</td>
</tr>
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**16 Hours**

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### Third Year

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<tbody>
<tr>
<td>HDFS 3413</td>
<td>Infant and Child Development</td>
</tr>
<tr>
<td>HDFS 3513</td>
<td>Research Methods</td>
</tr>
<tr>
<td>HDFS 3511</td>
<td>No longer offered; Replace with 1 hour of elective credit.</td>
</tr>
<tr>
<td>ELECT</td>
<td>Required Elective</td>
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**16 Hours**

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<td>HDFS 4413*</td>
<td>Adulthood and Aging</td>
<td>(Prerequisite: HDFS 2113)</td>
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<tr>
<td>HDFS 4433</td>
<td>Family Life Education</td>
<td>(Prerequisites: HDFS 2113, 3123, senior standing)</td>
</tr>
<tr>
<td>HDFS 4473</td>
<td>Policy, Law, and Advocacy</td>
<td>(Prerequisites: HDFS 3513)</td>
</tr>
<tr>
<td>HDFS 4533</td>
<td>Critical Issues in HDFS</td>
<td>(Prerequisite: senior standing)</td>
</tr>
<tr>
<td>HDFS 4521</td>
<td>Pre-Internship</td>
<td>(Prerequisites: HDFS 1112, 2523, HS 1112 or 3112 (or concurrent), senior standing &amp; consent of advisor &amp; instructor)</td>
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<tr>
<td>ELECT</td>
<td>Controlled Elective</td>
<td>(required for HERP minor)</td>
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**16 Hours**

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<tr>
<td>HDFS 4563</td>
<td>Internship in Child and Family Services I</td>
</tr>
<tr>
<td>HDFS 4572</td>
<td>Internship in Child and Family Services II</td>
</tr>
<tr>
<td>HDFS 4423*</td>
<td>Risk and Resilience</td>
</tr>
<tr>
<td>HDFS 4713*</td>
<td>Family Resource Management</td>
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**11 Hours**

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### Fourth Year

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#### Other Requirements:

- †Meets Certified Family Life Education national requirements.
- *40 hours must be upper-division.
- **A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.
- Transfer Admission Requirements: 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours
- Additional State/OSU Requirements – At least 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU. Limit of one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours. Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation. Degrees that follow this plan must be completed by the end of Summer 2021.

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**Don’t Forget…**

This is a four-year plan subject to modifications in curriculum(s) offerings and scheduling.

This plan is provided as a courtesy. The OFFICIAL degree requirements sheet is used to determine eligibility for graduation. Ask for an OFFICIAL degree requirements sheet at the time of first date of enrollment.

May 2015