Those students who have an interest in the sciences and desire to make a difference in human lives may be interested in a career in the healthcare field. The Allied Health option is a steppingstone to a professional program. While some careers do not require a bachelor’s degree, students are encouraged to go beyond just completing the prerequisites and to earn a B.S. degree.

Requirements for admission to healthcare programs include physical (chemistry) and biological sciences and a broad general curriculum including social science and humanities.

Communication skills and cultural competence are also important. Students receiving degrees in Nutritional Sciences bring a special dimension to their applications to programs for Physician Assistant, Physical Therapy, Nursing, Occupational Therapy and more. Their knowledge of the relationship of nutrition to health adds value to their allied health careers. Graduates who do not pursue an allied health program may apply their knowledge to nutrition-related careers.

Students in Allied Health may take advantage of a variety of clubs at OSU which are dedicated to preparation for careers in healthcare. NSCI students work with their advisors to determine appropriate career paths and to meet prerequisites for professional programs. They will also spend time working or job-shadowing to gain firsthand knowledge of the healthcare field.

**KEEP IN MIND**

One of the strongest employment fields in the nation today is the healthcare industry. Over five million people care for patients in acute, outpatient, rehab, and home care settings and promote healthy lifestyles. The Bureau of Labor Statistics Occupational Outlook Handbook is an excellent resource for information on healthcare professions.

[http://www.bls.gov/ooh/healthcare/home.htm](http://www.bls.gov/ooh/healthcare/home.htm)

**WHY HUMAN SCIENCES?**

Study with students from multiple disciplines and cultures from across campus
Enhance healthcare careers with nutrition knowledge
Understand the relationship between nutrition and human health
Learn about a variety of career opportunities within the healthcare field
Study in an environment where understanding and advancing science is valued
Develop interpersonal and collaborative skills through work in teams and labs
Understand the value of preventative lifestyle practices for a better quality of life
May participate in meaningful undergraduate research with highly qualified faculty

**CAREER OPPORTUNITIES**

Physician Assistant
Physical Therapy
Occupational Therapy
Nursing
Dental Hygiene
Radiological Technician
Sonographer

**FOR MORE INFORMATION**

Patricia Kain Knaub Center for Student Success
Human Sciences 101
Stillwater, OK 74078-6114
405.744.5053 (phone)/ 405.744.7113 (fax)

humansciences.okstate.edu/NSCI