TABLE OF CONTENTS

DETAILED RESOURCE INFORMATION LISTINGS:

AMERICAN RED CROSS--OKMULGEE
ANNE MORONEY YOUTH SERVICES
CALL RAPE
CENTER FOR GEROPSYCHIATRY--HENRYETTA MEDICAL CENTER
COUNTRY LIVING RETIREMENT
CREDIT COUNSELING CENTERS OF OKLAHOMA
CREOKS MENTAL HEALTH SERVICES
CRISIS PREGNANCY CENTER
D.A.R.E. / DRUG ABUSE RESISTANCE EDUCATION
DEEP FORK COMMUNITY ACTION--HENRYETTA
DEEP FORK COMMUNITY ACTION--OKMULGEE
DEPT OF HUMAN SERVICES
DEPT OF REHABILITATION SERVICES
EODD / AREA AGENCY ON AGING
EASTERN PRIVATE INDUSTRY COUNCIL, INC. (EPIC)
FIRST PRESBYTERIAN CHURCH
FIRST UNITED METHODIST CHURCH
GEORGE NIGH REHABILITATION INSTITUTE
GREEN COUNTRY AVTS DISPLACED HOMEMAKER PROGRAM
GREEN THUMB, INC.
H.O.P.E. PROGRAM
HENRYETTA CHAMBER OF COMMERCE
HENRYETTA MEDICAL CENTER
HENRYETTA PUBLIC LIBRARY
LEGAL SERVICES OF EASTERN OKLAHOMA
MUSCOGEE (CREEK) NATION COMMUNITY SERVICES
NATIONAL EYE CARE PROJECT
NEIGHBOR FOR NEIGHBOR CLINIC
NEIGHBORHOOD WATCH
OAKS REHABILITATIVE SERVICES CENTER
OASIS
OFFICE OF JUVENILE AFFAIRS
OK WORK ACTIVITIES CENTER
OSU COOPERATIVE EXTENSION SERVICE
OKLAHOMA DENTAL ASSOCIATION
OKMULGEE COMMUNITY PARTNERSHIP
OKMULGEE COUNTY CHILD GUIDANCE CLINIC
OKMULGEE COUNTY COMMISSIONERS
OKMULGEE COUNTY COURT CLERK--PROTECTIVE ORDER
OKMULGEE COUNTY ELDERCARE
OKMULGEE COUNTY FAMILY RESOURCES CENTER, INC.
OKMULGEE COUNTY HEALTH DEPT
OKMULGEE COUNTY HOMELESS SHELTER, INC.
OKMULGEE COUNTY LITERACY COUNCIL
OKMULGEE HEALTH CENTER
OKMULGEE MINISTERIAL ALLIANCE
OKMULGEE PUBLIC LIBRARY
OMH MEDICAL CENTER INC.
OPTIONS
PROJECT GET TOGETHER
RURAL ECONOMIC AND COMMUNITY DEVELOPMENT (Formerly FHA)
SHRINERS
SOONERSTART
THE SALVATION ARMY
TRI-COUNTY AREA PREVENTION RESOURCE CENTER
TULSA JUNIOR COLLEGE DENTAL HYGIENE CLINIC
TULSA SPEECH AND HEARING
UNIVERSITY OF OKLAHOMA HEALTH SCIENCES CENTER
VFW POST 539 -- HENRYETTA
VFW POST 1189 -- OKMULGEE
YMCA WOMEN'S RESOURCE CENTER

CHURCHES
CIVIC CLUBS
HELPFUL PHONE NUMBERS
HOUSING--LOW INCOME
MEDICAL FACILITIES
SCHOOLS
SENIOR CITIZEN INFORMATION: NUTRITION SITES/HELPFUL PHONE #'S
SUPPORT GROUPS--OKMULGEE COUNTY
SUPPORT GROUPS--TULSA AREA
CROSS INDEX TO ALPHABETICAL LISTINGS

ABUSE
DOMESTIC:
Okmulgee County Family Resource Center
CHILD:
Dept of Human Services
Muscogee Creek Nation
Anne Moroney Youth Services
ADULT:
Dept of Human Services

ADVOCACY
Okmulgee County Family Resource Center
EODD/Area Agency on Aging

AGING
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
EODD/Area Agency on Aging
Center for Geropsychiatry--Henryetta Medical Center
Green Thumb
H.O.P.E
National Eye Care Project
Oklahoma Dental Association
Okmulgee County Eldercare
Tulsa Speech and Hearing
See also: nutrition sites and special phone numbers in this directory

CHURCHES
See listing in this directory

CLOTHING
First United Methodist Church
Deep Fork Community Action--Henryetta
Muscogee Creek Nation
Project Get Together
The Salvation Army
YMCA Women’s Resource Center
COUNSELING
Anne Moroney Youth Services
Credit Counseling Centers of Oklahoma
Creoks Mental Health Services
Oaks Rehabilitative Services Center
Okmulgee County Child Guidance
Okmulgee Ministerial Alliance
YMCA Women’s Resource Center

CRISIS/Disaster/Emergency
American Red Cross
Anne Moroney Youth Services
Call RAPE
Crisis Pregnancy Center
Okmulgee County Family Resource Center

DAY CARE
Dept of Human Services
See also: Schools listing in this directory

DENTAL
Oklahoma Dental Association
Neighbor for Neighbor
Tulsa Junior College Dental Hygiene Clinic
University of Oklahoma Health Sciences Center College of Dentistry

DISABILITIES
Dept of Rehabilitation Services
Dept of Human Services
George Nigh Rehabilitation Institute
OASIS
OK Work Activities Center
Options
Shriner’s
SoonerStart

DOMESTIC VIOLENCE
Okmulgee County Family Resource

EDUCATION
Dept of Rehabilitation Services
Green Country AVTS, Displaced Homemaker Program
EMPLOYMENT
Dept of Rehabilitation Services
Eastern Private Industries Council
Green Thumb
Green Country AVTS, Displaced Homemaker Program
OK Work Activities
Options
YMCA Women’s Resource Center

EYE CARE & GLASSES
Henryetta Medical Center
National Eye Care Project
Neighbor for Neighbor
Project Get Together
The Salvation Army

FINANCIAL ASSISTANCE/COUNSELING
Credit Counseling Center of Oklahoma
Deep Fork Community Action--Okmulgee
Dept of Human Services
Muscogee Creek Nation
OSU Extension Service
Rural Economic and Community Development (Formerly FHA)

FOOD/NUTRITION
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
First United Methodist Church
Muscogee Creek Nation
Project Get Together
The Salvation Army
See listing of senior citizen nutrition centers in this directory
HEALTH
MENTAL
   Center for Geropsychiatry--Henryetta Medical Center
   Country Living Retirement
   Okmulgee County Child Guidance
   Creoks Mental Health Services
   H.O.P.E

PHYSICAL
   George Nigh Rehabilitation Center
   Henryetta Medical Center
   Neighbor for Neighbor
   OASIS
   Okmulgee County Health Dept
   Okmulgee Health Center
   OMH Medical Center
   Project Get Together
   Shriners
   SoonerStart

HEARING/SPEECH
   Dept of Rehabilitation Services
   Okmulgee County Child Guidance
   Tulsa Speech & Hearing

HOME HEALTH
   Henryetta Medical Center
   OMH Medical Center
   Also see listings in local telephone directory

HOUSING
   Deep Fork Community Action--Okmulgee
   Rural Economic and Community Development (Formerly FHA)
   See listing for low income housing in this directory

IN-HOME CARE
   Deep Fork Community Action--Okmulgee
   Dept of Human Services
   Also see listing of home health providers in local telephone directory
INFORMATION AND REFERRAL
American Red Cross
Crisis Pregnancy Center
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
EODD/Area Agency on Aging
Green Country AVTS Displaced Homemaker Program
Henryetta Chamber of Commerce
OASIS
The Salvation Army

LEGAL
Legal Services of Oklahoma
Project Get Together
Okmulgee County Court Clerk
YMCA women’s Resource Center

LITERACY
Henryetta Public Library
Okmulgee County Literacy Council
Okmulgee Public Library
Project Get Together

NURSING HOMES
See listings in local telephone directory

PROTECTIVE/PREVENTION
Anne Moroney Youth Services
D.A.R.E
Department of Human Services
Muscogee Creek Nation
Neighborhood Watch
Office of Juvenile Affairs
Okmulgee County Child Guidance Center
Okmulgee County Court Clerk
Okmulgee County Family Resource Center
Tri-County Area Prevention Resource Center

PRESCRIPTIONS
Deep Fork Community Action--Okmulgee
First Presbyterian Church
First United Methodist Church
Neighbor for Neighbor
Okmulgee County Commissioners
SCHOOLS, PUBLIC AND HEADSTARTS
See listing in this directory

SHELTER
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
First Presbyterian Church
Muscogee Creek Nation
Okmulgee County Homeless Shelter

SUBSTANCE ABUSE
Oaks Rehabilitative Services Center

TRANSPORTATION
Deep Fork Community Action--Okmulgee
First Presbyterian Church
First United Methodist Church
The Salvation Army

UTILITIES
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
Dept of Human Services
First Presbyterian Church
First United Methodist Church
Muscogee Creek Nation
Salvation Army

VETERANS
American Red Cross
VFW--Henryetta
VFW--Okmulgee

WEATHERIZATION AND HOME REPAIR
Deep Fork Community Action--Henryetta
Deep Fork Community Action--Okmulgee
Muscogee Creek Nation

YOUTH SERVICES
Anne Moroney Youth Services
Creeks Mental Health Services
D.A.R.E.
Okmulgee Community Partnership
OSU Extension Service
Shriner's
Tri-County Area Prevention Resource Center
AMERICAN RED CROSS--Okmulgee County
(918) 756-0966

211 East Seventh
Okmulgee, OK 74447

* Disaster Service -- plan and prepare for disasters --
* Single family fires -- food and clothing
* Service to military families -- message mostly but service is unlimited
* CPR/First Aid -- training, lecture
* Teach Babysitting (also good for young pregnant)
* AIDS/HIV Education -- all races and sexes
* Swimming Program (teach about 300 children per year)
* Blood Drive -- Coordinate blood drives in Okmulgee County

ANNE MORONEY YOUTH SERVICES
(918) 756-7700

1950 North Okmulgee St
Okmulgee, OK 74447

Serving Okmulgee & Okfuskee Counties
* Temporary emergency shelter for youth through 18
* Outreach counseling primarily through schools
* Parent education classes
* Outdoor adventure course
* First time offender program as alternative to court involvement
* Home-based services through referral from child welfare or juvenile services
units of DHS
* Attendant care
* Child abuse referral & crisis intervention & short-term referral

Hours: Shelter 24 hours per day -- Services: Monday - Friday 8 a.m. - 5 p.m.

CALL RAPE
Crisisline: (918) 744-7273
Office: (918) 744-7362

2121 S Columbia, Suite LL6
Tulsa, OK 74114

Serving anyone
* Telephone Crisisline-- 24 hr.-7 days: crisis intervention, information,
    reassurance, and problem-solving assistance
* Victim Support-- 24 hr-7 days: in-person assistance at hospital or police station
    for victims of sexual assault and their families
* Counseling services-- by appointment: individual, family, or group counseling
    specific to rape trauma syndrome or sexual assault of a child by someone outside
    the family system for victims of sexual assault and their families
* Community education: rape awareness/avoidance education for adolescents and
    adults, and sexual assault prevention education for children and parents. Also
    audio-visual library
CENTER FOR GEROPSYCHIATRY
(800) 219-5298

Serving 60 Mile radius of Henryetta
* Services for 50 years of age or older with mental health problems
* Inpatient diagnostic intensive mental health treatment for persons 50 years of age or older.
* Program components include individualized assessments and treatment planning, therapeutic daily activities and comprehensive discharge planning.

Hours: 24 hours a day, 7 days per week.
Private pay, Medicare, health insurance

COUNTRY LIVING RETIREMENT
(918) 652-2736

9949 East Trudgeon
Rt 2 Box 196
Henryetta, OK 74437

CREDIT COUNSELING CENTERS OF OKLA
(918) 744-5611 or (800) 324-5611 for appt

* Family Financial & Budget Counseling
* Debt Management/Repayment
* Job Support (918-742-8700)
* Senior Outreach
* Housing Counseling
* Public Education

Hours: Tuesdays 8:30 - 4:00
Fees: Sliding fee scale

CREOKS MENTAL HEALTH SERVICES
(918) 756-9250 -- adult
(918) 756-0990 -- juvenile

Serving Creek, Okmulgee, and Okfuskee Counties
* Adult clinic
* Juvenile day treatment with certified classroom teacher
* Therapeutic groups
* Individual counseling
* Family counseling

Hours: Monday--Friday
Private pay, insurance, Medicaid, sliding scale.

Henryetta Medical Center
Main & Dewey Bartlett Road
Henryetta, OK 74437
Serving Northeastern Oklahoma residents who are pregnant or possibly pregnant. Support services also available to father and relatives.
* Free pregnancy tests
* Provide information to women in crisis pregnancies
* Referrals for maternity homes, financial aid, adoption, foster care, medical care, legal aid, and clothing
* Support services for post abortal women

Hours: Monday-Thursday 9 a.m.-5 p.m., Friday 10 a.m.-2 p.m.

D.A.R.E./DRUG ABUSE RESISTANCE EDUCATION
A project of the Okmulgee County Sheriff's Department
(918) 756-4311

* Education program aimed at teaching students how to say NO to drugs, gangs, and violence.
* Will give program to schools and other groups.

Hours: Call for appointment

DEEP FORK COMMUNITY ACTION
HENRYETTA
(918) 652-2147

HELP FOR POVERTY LINE AND BELOW
* Emergency food
* Clothing (mostly children and babies)
* Utilities --except water (cut off notice)
* FEMA = Rent or house payment
* Housing (when funds are available)
* Homeless (when funds are available)
* New Houses, recipients help build, Okmulgee, Okfuskee, Hughes, McIntosh county
* Weatherization
* Food Stamp Issuance
* Commodities (Federal Food)
* Counseling with all clients
* Functional Counseling
* Referrals
DEEP FORK COMMUNITY ACTION
OKMULGEE
(918) 756-2826
313 West Eighth
PO Box 670
Okmulgee, OK 74447

Serves: Okmulgee, McIntosh, Hughes, and Okfuskee Counties
Poverty or Low Income Elderly Guidelines
* Weatherization
* Nutrition for the Elderly
* Prescription Drugs
* Outreach & Referral for the Elderly
* Transportation for the Elderly
* In-home Services for Elderly
Hours: Monday - Friday, 8:00 a.m. - 4:30 p.m.

DEPT OF HUMAN SERVICES
(918) 756-3363
5005 North Wood Drive
Okmulgee, OK 74447
(800) 884-1582

Serving Okmulgee County
All services are based on income, resources, category or need.
* For financially, medically, and socially needy: Aid to Blind, Disabled, Aged & Families with Dependent Children; Medicaid; Food Stamps; energy assistance.
* For Children: day care; licensing for day care; foster care; adoption; child protection.
* For physically or mentally disabled: adult day care & developmental disabilities support services.
* For aged: Protective services; not-technical medical care; home maintenance services; adult day care.
Hours: M W F 8:00 a.m. - 4:30 p.m.; T TH 8:00 a.m. - 6:30 p.m.
# CHURCHES

<table>
<thead>
<tr>
<th>NAME</th>
<th>ADDRESS</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>BEGGS AREA</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apostolic Church</td>
<td>W Third</td>
<td>267-3673</td>
</tr>
<tr>
<td>Beggs House of Prayer</td>
<td>Broadway &amp; First St</td>
<td>267-4496</td>
</tr>
<tr>
<td>Church of God</td>
<td>Osage &amp; Creekmoor</td>
<td>267-4407</td>
</tr>
<tr>
<td>First Assembly of God</td>
<td>E Main</td>
<td>267-4495</td>
</tr>
<tr>
<td>Living Way Tabernacle</td>
<td>Beggs</td>
<td>267-3720</td>
</tr>
<tr>
<td>Methodist Church</td>
<td>310 N Broadway</td>
<td>756-2999</td>
</tr>
<tr>
<td>Natura Baptist</td>
<td>Hwy 16 at Natura</td>
<td></td>
</tr>
<tr>
<td><strong>DEWAR AREA</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Dewar First Baptist</td>
<td>212 N Broadway</td>
<td>652-4282</td>
</tr>
<tr>
<td>Dewar United Pentecostal</td>
<td>212 E 6th</td>
<td>652-9842</td>
</tr>
<tr>
<td>Faith Assembly of God</td>
<td>Hwy 266 &amp; 3rd</td>
<td></td>
</tr>
<tr>
<td>Hitchita Community Holiness</td>
<td>Hitchita</td>
<td></td>
</tr>
<tr>
<td>Hoffman Community Baptist</td>
<td>Hoffman</td>
<td></td>
</tr>
<tr>
<td>Hoffman First Baptist</td>
<td>Hoffman</td>
<td>652-8456</td>
</tr>
<tr>
<td>New Covenant Tabernacle</td>
<td>Grayson Highway</td>
<td>652-8237</td>
</tr>
<tr>
<td>New Life Tabernacle</td>
<td>Dewar</td>
<td></td>
</tr>
<tr>
<td><strong>HENRYETTA AREA</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Apostolic House of Prayer</td>
<td>502 E Trudgeon</td>
<td>652-7615</td>
</tr>
<tr>
<td>Beth Shalom</td>
<td>Jewish Study Center</td>
<td>652-9510</td>
</tr>
<tr>
<td>Bible Baptist</td>
<td>615 E Corporation</td>
<td>652-9275</td>
</tr>
<tr>
<td>Bryant Community Church</td>
<td>Bryant</td>
<td></td>
</tr>
<tr>
<td>Calvary Faith</td>
<td>220 E Main</td>
<td></td>
</tr>
<tr>
<td>Church of Christ</td>
<td>5th &amp; Broadway</td>
<td>652-4258</td>
</tr>
<tr>
<td>Church of Christ</td>
<td>1605 W Gentry</td>
<td>652-2762</td>
</tr>
<tr>
<td>Church of the First Born</td>
<td>222 W Meacham</td>
<td></td>
</tr>
<tr>
<td>Church of Jesus Christ of Latter Day Saints</td>
<td>1510 N 5th St</td>
<td></td>
</tr>
<tr>
<td>Evanglistic Center</td>
<td>1611 W Ragan</td>
<td></td>
</tr>
<tr>
<td>Faith Fellowship</td>
<td>308 N 6th St</td>
<td></td>
</tr>
<tr>
<td>First Assembly of God</td>
<td>New Lake Rd &amp; C St</td>
<td>652-9344</td>
</tr>
<tr>
<td>First Baptist</td>
<td>Fourth &amp; Trudgeon</td>
<td>652-4277</td>
</tr>
<tr>
<td>First Christian</td>
<td>5th &amp; Cummings</td>
<td>652-3480</td>
</tr>
<tr>
<td>First Church of God</td>
<td>305 W Barclay</td>
<td>652-8500</td>
</tr>
<tr>
<td>First Church of the Nazarene</td>
<td>8th &amp; Trudgeon</td>
<td>652-9608</td>
</tr>
<tr>
<td>First Pentecostal Holiness</td>
<td>7th &amp; Trudgeon</td>
<td></td>
</tr>
<tr>
<td>First Presbyterian</td>
<td>5th &amp; Division</td>
<td>652-3428</td>
</tr>
<tr>
<td>First United Methodist</td>
<td>1212 Lake Rd</td>
<td>652-4452</td>
</tr>
<tr>
<td>Freewill Baptist</td>
<td>105 E Merrick</td>
<td>652-7324</td>
</tr>
<tr>
<td>Free-Will Holiness</td>
<td>114 N 4th</td>
<td></td>
</tr>
<tr>
<td>Gospel Tabernacle</td>
<td>406 Spruce</td>
<td>652-9306</td>
</tr>
<tr>
<td>Grace Episcopal</td>
<td>6th &amp; Cummings</td>
<td>652-9829</td>
</tr>
<tr>
<td>Immanuel Baptist</td>
<td>805 W Broadway</td>
<td>652-3138</td>
</tr>
<tr>
<td>Intl. Church of the Foursquare Gospel</td>
<td>105 E Smith</td>
<td></td>
</tr>
<tr>
<td>Little C.B.</td>
<td>6 miles E on Trudgeon</td>
<td></td>
</tr>
<tr>
<td>Mission of Love</td>
<td>3000 W Main</td>
<td></td>
</tr>
</tbody>
</table>

Churches Page 1
### CHURCHES

#### NAME | ADDRESS | PHONE
---|---|---
**Henryetta Area Continued:**
St Michael's Catholic | 11th & Gentry | 652-3445
Salem Baptist | 7 Miles South on Lake Rd | 652-7421
Seventh Day Adventist | 3000 W Main | 652-2593
Tabernacle of Praise | NE 5th & Old Robinson Hwy | 652-4357
United Pentecostal | 702 E Main | 652-4357
Word of Faith | 308 N 6th | 652-3527
Word of Life Holiness | 204 W Gentry | 652-8086
Wilson Baptist | 6 miles N at Wilson | 652-8086

#### MORRIS
Crossroads Worship Center | 803 W Ozark | 733-4037
First Baptist | 520 S 2nd | 733-2340
First Christian | | 733-4028
First United Methodist | 601 S Hughes | 733-2790
Morris Assembly of God | 206 N Hughes | 733-4200
United Pentecostal | 608 W Ozark | 733-2610

#### OKMULGEE
Abundant Life | 1019 S Florida | 756-3152
Agape Baptist | 811 N Wood Dr | 756-3831
Belvin Baptist Church | 320 N Mission Rd | 758-9495
Bethel Temple | 14th & Oklahoma | 756-2996
Butler Memorial Methodist Church | 512 S Miami | 756-1351
Calvary Baptist | 1327 E 13th | 756-4887
Central Church of Christ | 318 S Grand | 756-1961
Church of Christ | 3rd & Comanche | 756-7462
Church of God | | 756-6681
Church of the Living God | 1100 N Osage | 756-9539
Church of the Living God #2 | 1314 S Alabama | 756-3041
Church of the Living God P. G. of T | Smith & Wood Dr | 756-2314
Church of God of Prophecy | 1123 E 8th | 756-0965
Cleves Memorial C.M.E. | Third & Osage | 756-1686
Eastside Assembly of God | 1500 E McLagan | 756-2811
Eastside Church of God in Christ | 213 N Seminole | 756-2384
Faith Baptist | 1000 N Grand | 756-1634
Faith Christian Center | 729 S Chickasaw | 756-9156
First Assembly of God | 4th & Seminole | 756-0203
First Baptist | 5th & Seminole | 756-7880
First Baptist Central | 521 N Central | 756-0578
First Christian | 8th & Seminole | 756-0994
First Church of the Nazarene | 711 N Okmulgee | 756-0354
First Freewill Baptist | 11th & Oklahoma | 756-5014
First Grace Assembly | 716 N Taft | 756-6544
First United Methodist | 8th & Seminole | 756-6083
Foursquare Gospel | 617 N Oklahoma | 756-4787
### CHURCHES

<table>
<thead>
<tr>
<th>NAME</th>
<th>ADDRESS</th>
<th>PHONE</th>
</tr>
</thead>
<tbody>
<tr>
<td>Okmulgee Area Continued:</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Greater Jones Chapel A.M.E. Zion</td>
<td>1225 E Smith</td>
<td>756-8296</td>
</tr>
<tr>
<td>Grovania Freewill Baptist</td>
<td>3 miles N on Beeline</td>
<td>482-3431</td>
</tr>
<tr>
<td>House of Prayer</td>
<td>1015 N Wood Dr</td>
<td>756-6471</td>
</tr>
<tr>
<td>Macedonia Baptist</td>
<td>1029 N Sioux</td>
<td>756-0956</td>
</tr>
<tr>
<td>Mt Calvary Apostolic</td>
<td>1004 N Osage</td>
<td>756-1648</td>
</tr>
<tr>
<td>Mt Zion Baptist</td>
<td>1500 N Miami</td>
<td>756-6553</td>
</tr>
<tr>
<td>Mt Zion Church of God in Christ</td>
<td>708 N Muskogee</td>
<td></td>
</tr>
<tr>
<td>New Salem Baptist</td>
<td>1300 E Lafayette</td>
<td>756-5969</td>
</tr>
<tr>
<td>Newtown United Methodist</td>
<td></td>
<td>758-0632</td>
</tr>
<tr>
<td>Northside Assembly of God</td>
<td>1103 N Bryan</td>
<td>756-2309</td>
</tr>
<tr>
<td>Northwest Chapel Baptist</td>
<td>3 mi N on Hwy 75 then 3 mi W</td>
<td>756-3885</td>
</tr>
<tr>
<td>Nuyaka Baptist</td>
<td>12 mi W on Hwy 56, 1.5 Nuyaka</td>
<td></td>
</tr>
<tr>
<td>Okmulgee Indian Baptist</td>
<td>1 mile W of Oklahoma on Eufaula</td>
<td>756-1959</td>
</tr>
<tr>
<td>Osage Avenue Christian</td>
<td>1101 E Smith</td>
<td>756-4560</td>
</tr>
<tr>
<td>Presbyterian Church</td>
<td>401 S Seminole</td>
<td>756-5874</td>
</tr>
<tr>
<td>St Anthony’s Catholic</td>
<td>515 S Morton</td>
<td>756-4385</td>
</tr>
<tr>
<td>St Mary’s Christian Center</td>
<td>Smith &amp; Hillman</td>
<td>756-2682</td>
</tr>
<tr>
<td>St Matthew’s Baptist</td>
<td>1121 N Osage</td>
<td>756-0607</td>
</tr>
<tr>
<td>Second Baptist</td>
<td>1003 N Alabama</td>
<td>756-6027</td>
</tr>
<tr>
<td>Shorter Chapel A.M.E.</td>
<td>3rd &amp; Central</td>
<td></td>
</tr>
<tr>
<td>Southside Baptist</td>
<td>Loop 56 &amp; Morris Hwy</td>
<td>756-2065</td>
</tr>
<tr>
<td>Southside Church of Christ</td>
<td>15th &amp; Rogers</td>
<td>623-1350</td>
</tr>
<tr>
<td>Town &amp; Country Christian</td>
<td>Hwy 75 &amp; 36th St</td>
<td>756-6107</td>
</tr>
<tr>
<td>Trinity Lutheran</td>
<td>1314 E 6th</td>
<td>756-6046</td>
</tr>
<tr>
<td>Uganda Martyrs Catholic</td>
<td>806 E 3rd</td>
<td>756-4385</td>
</tr>
</tbody>
</table>

**PRESTON**

| First Baptist Church                                      | Preston                             | 756-3406 |

**SCHULTER**

| Christian Assembly of Schulte                            | Schulte                             | 652-7175 |
| First United Methodist                                    | Schulte                             | 756-2732 |
| Jesus Christian Fellowship                                | Schulte                             |          |
| Schulte Christian Fellowship                              | Schulte                             |          |
| Lighthouse Church                                         | Schulte                             |          |
CIVIC CLUBS—HENRYETTA

AARP
American Association of Retired Persons
Chris Lamb  652-7755

American Legion
Newman Thompson  652-3931

Beta Sigma Phi
Rosana Tomlinson  652-4367

Boy Scouts/Cub Scouts
Buddy Hott/Joann Hott  652-7064

Business & Professional Women
Gayle Machetta  652-4455

Henryetta Chamber of Commerce
Norene Fry  652-3331

Friends of the Library
Ruby Wesson  652-7377

Gamma Eta Chapter of ESA
Mary Warden  652-7180

Girl Scouts
Cathy Warden  652-9214

Henryetta Art Association
Colleen Winters  652-4165

Henryetta Historical Society
Pauline Hudson
652-7112 or 652-3028

Henryetta Medical Center Auxiliary
Barbara Ruth  652-9595

I.O.O.F
John Smith  652-7816

Ithana Club
Polly Richardson  652-9240

Lioness Club
Mary Hedrick  652-7209

Lions Club
Bob Smith  652-4407

Masonic Lodge
Bob Barnett  652-3730

Oklahoma Retired Educators Association
Lena Rhodes  652-2842

Optimist Club
Sharon Parsley  652-2434

Rotary Club
Rev. Bob Lothenore  652-9608

VFW
Frank Kubicek  652-3380
CIVIC CLUBS—OKMULGEE

AARP
American Assoc of Retired Persons
Edith King 756-3348

American Association of University Women
Estherlene Gee 756-5259

American Cancer Society
Greg Marriot 756-9180

American Legion
White-Williams Post 10
Liz Bond 756-1228

American Legion Auxiliary
Grace Gibbons 756-1221

Arts & Literature
Verne Griffin 756-5576

Beta Omicron Omega Chapter of Alpha Beta Alpha
Lavern Hampton 756-2437

Beta Sigma Phi Exemplar Chapter IX Alpha Iota
Mary Simmons 756-4907

Boy Scouts of America
Indian Nation Council
Brett Matherly, Area Director
(800) 367-1272

Business & Professional Women
Christine Hodgens 756-1448

Camp Fire Girls
Jeanne Gilbert 663-3443

Okmulgee Chamber of Commerce
756-6172

Community Chamber of Commerce
Roy LeBlanc 756-4094

Creek Indian Memorial Assoc
Rod Weimer 756-0900

Creek Nation Garden Club
Elwanda Ellis 756-4128

Daffodil Club
Maude Bell 756-4128

Delta Kappa Gamma
Laura Wilson 756-7858

Elks Club Lodge
Bobby Ferguson 756-0435

Flowers Arrangers Guild
Hazel Montague 756-0483

Friends of the Library
Jenneane Campbell 756-6211

Home & Garden Club
Dorthy Flood 756-3532

Kappa Kappa Iota
Margaret Maghe 733-4086

Marigold Garden Club
Mary Alice Newman 756-7795

Masonic Lodge
Rusty Donathon 756-4179

Okmulgee County Bow Hunters
Leonard Thomas 756-9118

Okmulgee County Democrats
Kenny Powders 756-7595

Okmulgee County Foster Parents
Jan Ramsey 756-2996

Okmulgee County Homebuilders Assoc
Randy Weatherford 756-6479

Okmulgee County Medical Society
Dr. Hani Malati 756-9271

Okmulgee County Medical Auxiliary
Lynette Baumann 756-7239
Okmulgee County Retired Teachers
Tom Wilson 756-7850

Okmulgee Genealogy Society
Julia Sims 756-5722

Okmulgee Lions Club
Ron Richmon 756-6781

Okmulgee Ministerial Alliance
Rev. David Burris 756-6083

Okmulgee Nettie B Fair Chapter 241
Dorthy King 756-4378

Okmulgee Roundup Club
Roy LeBlanc 756-4094

Okmulgee Roundup Club
Bob Henson 756-5375

Okmulgee Service League
Shawna Thomas 756-9627

PEO Chapter ER
Rhetta Culver 756-2647

PEO Chapter Z
Alice Dangott 733-4801

Pony Girls
Thelma Brill 756-9211

Rebekah Lodge
Ardeth Jensen 756-8865

Rotary Club
Steve Menasco 756-1339

Sesame Club
Alice Dangott 733-4801

Silver Hair Legislation
Roy LeBlanc 756-4094

Veterans of Foreign Wars
Jack Hicks 756-7559
HELPFUL NUMBERS

AT&T Special Needs Center ........................................ (800) 233-1222
  Television Data Display ........................................... (800) 833-3232
Library of Congress Handicapped Hotline ...................... (800) 424-8567

MISCELLANEOUS
Consumer Product Safety Commission Info Service ............. (800) 233-CPSC
Debtors Anonymous .................................................. (212) 964-8934
Environmental Protection Agency Hotline ...................... (800) 424-4000
EPA Hazardous Waste Hotline ...................................... (800) 424-9346
Federal Tax Information ............................................ (800) 424-9393
Natl Safety council .................................................. (800) 621-7619
Natl Criminal Justice Referral System (crime victims) ..... (800) 851-3420
Natl Center for Pathological Gambling ......................... (800) 332-0402
Office of Refugee Resettlement .................................. (800) 327-3463
Pesticide Telecommunications Network ......................... (800) 858-7378
Safe Drinking Water Hotline ....................................... (800) 426-4791
Safe Drinking Water Hotline ....................................... (800) 426-4791
US Coast Guard Boating Safety .................................. (800) 368-5647
We Tip (crime solving) ............................................... (800) 73 CRIME

AIDS
Aids Hotline .......................................................... (800) 342-AIDS
  In Spanish .................................................................. (800) 342-SIDA
HIV/AIDS Hotline (Oklahoma) ...................................... (800) 522-2437
Natl AIDS Information Clearinghouse ............................ (800) 458-5231
Natl Gay Lesbian Crisisline (AIDS) ............................... (800) 221-7044
NIDA AIDS Helpline (drug abusers) ............................... (800) 662-Help

BIRTH DEFECTS
American Assn On Mental Deficiency ............................. (800) 424-3688
American Cleft Palate Assn .......................................... (800) 24-CLEFT
Cystic Fibrosis Foundation .......................................... (800) 344-4823
Natl Down Syndrome Congress ..................................... (800) 232-NDSC
Natl Down Syndrome Society ....................................... (800) 221-4602
Spina Bifida Assn of America ...................................... (800) 621-3141

Blindness: See Vision/Blindness
CANCER
America Cancer Society ........................................... (800) 227-2345
Cancer Information Hotline ....................................... (800) 525-3777
Cancer Information Service ....................................... (800) 4CANCER
Natl Alliance of Breast Cancer Organization ................. (800) 221-2141

CARDIAC HEALTH
American College of Cardiology ................................... (800) 253-INFO
Heartlife ...................................................................... (800) 241-6993

CHILD HEALTH (also see birth defects)
American Sudden Infant Death Syndrome (SIDS) Institute .. (800) 232-SIDS
Brass Ring (terminally ill Children) ............................... (800) 523-2729 tone 277
Children’s Hospice Intl .............................................. (800) 242-4453
Children’s Wish Foundation Intl ................................. (800) 323-9474
Healthy Baby Hotline ................................................ (800) 522-506
Information Clearinghouse for Infants w/Disabilities ........ (800) 922-9234
Juvenile Diabetes Foundation ...................................... (800) 223-1138
Natl Adoption Center/Special Needs & Physically Disabled .. (800) TO ADOPT
Natl Center for Prevention of SIDS ............................... (800) 638-SIDS
Natl Information Ctr for Children & Youth w/Handicaps .... (800) 999-5599
Natl Information System for Health Related Services
  Disabled/Chronically Ill (under 21) ............................ (800) 922-9234
Natl Reye’s Syndrome Foundation ............................... (800) 233-7393
Natl Sudden Infant Death Syndrome Foundation .......... (800) 221-SIDS
United Cerebral Palsy ................................................ (800) 872-1872

DERMATOLOGY AND PLASTIC SURGERY
Acne Help Line ........................................................ (800) 222-SKIN
American Board of Cosmetic Surgery ......................... (800) 221-9808
American Society Plastic & Reconstructive Surgeons ....... (800) 635-0635

DISABILITY
HEALTH Resource Center (postsecondary education
  for the handicapped) .............................................. (800) 544-3284
IBM Support Center for Persons w/Disabilities ............... (800) 426-2133
Information Center for Individuals w/Disabilities ........... (800) 462-5015
Job Accommodation Network .................................... (800) 526-7234
Natl Organization on Disability ................................... (800) 248-ABLE
DISEASES AND CONDITIONS

American Diabetes Assn ........................................ (800) ADA-DISC
American Liver Foundation .................................... (800) 223-0179
American Leprosy Missions ..................................... (800) 543-3131
American Kidney Fund .......................................... (800) 638-8299
Arthritis Medical Center ...................................... (800) 327-3202
Arthritis Answer Line ........................................... (800) 422-1492
Arthritis Foundation ............................................. (800) 283-7800
Baltimore affiliate .................................................. (800) 492-2523
Bulimia/Anorexia Crisis Line ................................. (800) 762-3334
Bulimia/Anorexia Self-Help ................................... (800) 227-4785
Cooley’s Anemia Foundation ................................ (800) 221-3571
Epilepsy Foundation .............................................. (800) EFA-1000
Huntington’s Disease .......................................... (800) 345-4372
Juvenile Diabetes Foundation ................................. (800) 223-1138
Lupus Foundation ................................................ (800) 558-0121
Lupus Research Institute ....................................... (800) 82 Lupus
Lymphedema Network ........................................... (800) 541-3259
Natl Info Center/Orphan Drugs & Rare Diseases ....... (800) 336-4797
Natl Headache Foundation ..................................... (800) 843-2256
Natl Foundation for Ileitis & Colitis ....................... (800) 343-3637
Natl Organization for Rare Disorders ..................... (800) 447-NORD
also ................................................................. (800) 999-6673
Peyronie’s Society of America ................................ (800) 346-4875
Radar Institute (makes local referrals) ..................... (800) 255-1818
Scleroderma Research Foundation ......................... (800) 651-0200
Urology Problems (Simon Foundation for Incontinence) (800) 23 SIMON

DRUG ABUSE

Drug Abuse Hotline ............................................. (800) 662-HELP
Substance Abuse Information ................................. (800) 732-9808

EDUCATION

Oklahoma Head Start .......................................... (405) 524-4124
Oklahoma School for the Deaf ............................... (405) 622-3186
Oklahoma State Department of Education ................. (405) 521-3351
Parkview School, Oklahoma School for the Blind ....... (918) 682-6641

EMPLOYMENT

Oklahoma State Employment Service--Okmulgee ........ (918) 756-5791
Oklahoma Employment Security Commission--State .... (405) 577-7122
FAMILY
Child Abuse Hotline .................................................. (800) 4ACHILD
Child Care Information Service ................................. (800) 424-2460
Child Find of America ........................................ (800) IAMLOST
Domestic Violence Hotline .................................. (800) 333-SAFE
Missing Children Help Center ................................ (800) USA-KIDS
Missing Children Network ..................................... (800) 235-3535
Natl Center for Missing & Exploited Children .......... (800) 843-5678
Natl Child Safety Council Childwatch ....................... (800) 222-1464
Natl Committee for Citizens in Education ................ (800) NETWORK
Natl Council on Child Abuse & Family Violence ............... (800) 222-2000
Parents Anonymous (stressed parents) ..................... (800) 421-0353
Parents Without Partners .................................... (800) 638-8078
Project Share ...................................................... (800) 537-3788

HEALTH
Oklahoma Dept of Health (State) ............................... (405) 271-4477
Children’s Hospital of Oklahoma (University Hospital, OKC)(405) 271-4371
Children’s Medical Center, Tulsa ........................................ (800) 299-9262
................................................................. (918) 664-6600
Child Study Center, OKC ..................................... (405) 271-5700
Indian Health Service ............................................. (405) 945-6875
HIV/AIDS Hotline ................................................ (800) 522-2437
OASIS ................................................................(800) 426-2747
Oklahoma Poison Control Hotline ......................... (800) 522-4611

HOTLINES
ABORTION CRISIS PREGNANCY HOTLINE ............... (405) 273-5202
AIDS HOTLINE .................................................. (800) 342-AIDS
ALCOHOL ABUSE ............................................. (800) 722-4996
................................................................. (800) 722-3611
ALCOHOLICS ANONYMOUS .................................. (800) 444-9999
CALL RAPE ....................................................... (918) 744-7273
CHILD OR ADULT ABUSE HOTLINE ...................... (800) 522-3511
CHILD SUPPORT ENFORCEMENT ....................... (800) 522-2922
EATING DISORDERS .......................................... (800) 762-3334
................................................................. (800) 227-4785
LEGAL AID ....................................................... (800) 759-3338
LITERACY HOT LINE (Mon-Fri) ...................... (800) 522-8116
MENTAL HEALTH CRISSES ................................ (800) 722-3611
Hotlines continued:

MISSING CHILDREN’S HOTLINE ......................... (800) 843-5678
POISON CONTROL CENTER ......................... (800) 522-4611
RAPE .................................................. (800) 522-7233
RAPE CRISIS CENTER ................................. (405) 943-RAPE
REACH OUT HOTLINE ............................... (800) 522-9054

24 hr line for information on substance abuse and mental health concerns

SAFELINE ............................................. (800) 522-7233
Information and referral service concerning shelters & other services for victims of rape & domestic violence

SUICIDE PREVENTION ............................... (800) 522-1090

TEENLINE ............................................. (800) 522-8336
Staffed by trained young adults who answer calls from youths with concerns and need to speak with someone

VD HOTLINE ......................................... (800) 227-8922

YOUTH CRISIS & RUNAWAY HOTLINE ............ (800) HIT HOME

MENTAL HEALTH

OASIS .................................................. (300) 426-2747
Okla Dept of Mental Health and Substance Abuse Services (405) 271-7474

.................................................. (405) 271-8755

Oklahoma Alliance for the Mentally Ill .......... (800) 583-1264

HEALTH REFERRAL

American Hospital Association .................. (800) 621-6712
Hill-Burton Hospital Free Care ................ (800) 638-0742
Hospice Education Institute ..................... (800) 331-1620
Medic Alert Foundation International ........ (800) IDALERT
Natl Assn of Rehabilitation ....................... (800) 368-3513
Natl Rehabilitation Information Center ....... (800) 34 NARIC
Natl Health Information Center--Office of Disease Prevention & Health Promotion ...... (800) 336-4797
Second Surgical Opinion Hotline ............... (800) 638-6833

HEARING AND SPEECH

Better Hearing Institute ......................... (800) 424-8576
Captioned Films for the Deaf Voice ............ (800) 237-6213
Deafness Research Foundation ................. (800) 535-DEAF
Dial A Hearing Test ............................... (800) 222-EARS
Grapevine (voice & TDD) ......................... (800) 352-8888
Hear Now (financial aid) ......................... (800) 648-HEAR
Hearing Aid Helpline ............................. (800) 521-5247
Hearing and Speech continued:

Hearing Helpline ........................................ (800) EAR-WELL
Hearing & Speech Action Natl Assn .................. (800) 638-8255
Internal Revenue Service (TDD users) .............. (800) 428-4732
Stutterers Hotline ....................................... (800) 221-2483

HUMAN SERVICES
Bureau of Indian Affairs, Muskogee .................. (918) 687-2296
Department of Human Services--State Office ....... (405) 521-3646
Oklahoma State Department of Health ............... (405) 271-4477
Social Security Administration ........................ (800) 772-1213

INJURY/TRAUMA
American Paralysis Assn ............................... (800) 225-0292
Natl Head Injury Foundation ......................... (800) 444-NHIF
Natl Spinal Cord Injury Hotline ...................... (800) 526-3456
Natl Spinal Cord Injury Assn ......................... (800) 962-9629
New Medico Head Injury Assn ....................... (800) 227-3824

LEARNING DISORDERS
Orton Dyslexia Society ................................ (800) 222-3123
HEALTH Resource Center ............................. (800) 544-3284

LUNGS/ALLERGIES
Asthma/Allergy Information Line .................... (800) 822-ASMA
Lung Line ................................................ (800) 222-LUNG

MENTAL HEALTH
American Mental Health Fund ......................... (800) 433-5959
Natl Alliance for the Mentally Ill .................... (800) 950-NAMI
Natl Foundation for Depressive Illness .............. (800) 248-4344

MINORITY HEALTH
Minority Health Resource Center .................... (800) 444-6472
Natl Assn For Sickle Cell Disease ................... (800) 421-8453
NEUROLOGICAL
American Parkinson's Disease Assn .................. (800) 223-2732
Amyotrophic Lateral Sclerosis (ALS) Assoc ............... (800) 782-4747
Cornelia de Lange Syndrome ....................... (800) 223-8355
Courage Stroke Network ......................... (800) 553-6321
Craniofacial Intl Foundation ................. (800) 535-6343
Epilepsy Foundation of America .......... (800) EFA-1000
Multiple Sclerosis ....................... (800) 334-7812
Natl Tuberous Sclerosis Assn ............... (800) CAL-NTSA
Natl Parkinson Foundation .......... (800) 327-4545
Natl Easter Seal Society ............... (800) 221-6827
Natl Multiple Sclerosis Society--24 hr infoline ....... (800) 524-8236
Natl Neurofibromatosis Foundation ...... (800) 323-7938
Parkinson's Disease Foundation ........ (800) 344-7872
Tourette Syndrome Assn .......... (800) 237-0717
Tuberous Sclerosis Assn of America ..... (800) 446-1211

ORGAN TRANSPLANTS
American Council on Transplantation .............. (800) ACT GIVE
Living Bank (organ donation) ............... (800) 528-2971
Organ Donor Hotline .................... (800) 24 DONOR

SEXUALITY
Birth Control Information Line .................. (800) 468-3637
Herpes Hotline ............... (800) 227-8922
Sexually Transmitted Disease Hotline ............... (800) 227-8922
Medical Aspects of Human Sexuality .............. (800) 553-4355 ext 42612
Natl Gay & Lesbian Task Force .................. (800) 221-7044
Natl VD Hotline .................... (800) 277-8922
Planned Parenthood ....................... (800) 223-3303
Rape Crisis Hotline ............... (800) 527-1757
Recovery of Male Potency .......... (800) 835-7667
Sexual Addiction Information ............... (800) 321-2273
SUPPORT AND ADVOCACY

Alternative Dispute Resolution System ......................... (405) 521-2450
(mediation of special educational issues)
Department of Human Services Client Advocacy ................ (405) 521-3491
OASIS ........................................................................ (800) 426-2747
Oklahoma Disability Law Center, Tulsa .................. (800) 226-5883
(free legal services for the protection and advancement of rights for persons with developmental disabilities or mental illness)
Oklahoma Office of Handicapped Concerns ............... (800) 522-8224
Ombudsman (nursing home complaints) .................. (918) 682-7891
Pro-Oklahoma (Parents Reaching Out--United Cerebral Palsy) ................ (800) 759-4142
(training & information for parents of children with disabilities)
University Affiliated program ................................. (800) 622-6827
(networks, training and information regarding disabilities)

TEENAGERS
Covenant House (runaways) ................................. (800) 999-9999
Natl Runaway Switchboard ................................. (800) 621-4000
Runaway Hotline .................................................... (800) 231-6946
Teen Line (teens can talk to other teens about their problems) (800) 522-TEEN
Teen Pregnancy Hotline ........................................ (800) 522-5006
United Student Aid Funds ..................................... (800) 428-9250
Youth Development, Inc (runaways) .................. (800) MISS YOU

VIET NAM ERA VETERANS
Children of Viet Nam Veterans (birth defects) ............... (800) 422-2940
Pearl S Buck Foundation (Amerasian children) ............... (800) 523-5328
Veterans of the Viet Nam War .......... (800) VIET NAM
Viet Nam Veterans (Agent Orange) .......................... (800) 521-0198

VISION/BINDNESS
American Council of the Blind ................................ (800) 424-8666
American Foundation for the Blind ....................... (800) 232-5463
Assn of Radio Reading Services .......................... (800) 255-2777
Brailegrams (Western Union) ............................... (800) 325-6000
Helen Keller Intl .................................................... (800) I CAN SEE
Intl Guiding Eyes .................................................. (800) 824-9726
Job Opportunities for the Blind ........................... (800) 638-7518
Vision/Blindness continued:

Library of Congress National Library Services for the Blind & Physically Handicapped ........... (800) 424-8567
Library of Congress Talking Book Service ........... (800) 424-9100
Natl Assn for Parents of the Visually Impaired .......... (800) 225-0227
Natl Federation of the Blind ......................... (800) 638-7518
Natl Society to Prevent Blindness ..................... (800) 221-3004
Random House Audio Books ............................ (800) 733-3000
Recorded Books ...................................... (800) 638-1304
Recording for the Blind ............................... (800) 221-4792
Retinitis Pigmentosa Foundation ...................... (800) 638-2300

VOCATIONAL TRAINING & REHABILITATION
Department of Rehabilitation Services, OKC ........... (405) 424-4311
George Nigh Rehabilitation Center .................... (918) 756-9211
J.D. McCarty Center for Children w/Developmental Disabilities .... (800) 777-1272
O’Donoghue Rehabilitation Institute .................. (405) 271-3606
Oklahoma Dept of Vocational and Technical Education .... (405) 377-2000
Oklahoma Employment Security Commission–State ........ (405) 577-7122

WOMEN
American Academy of Husband-Coached Childbirth ........ (800) 423-2397
ASPO/Lamaze ........................................ (800) 368-4404
Childbirth ........................................... (800) 423-IRTH
Endometriosis Assn .................................... (800) 992-ENDO
LaLeche League ........................................ (800) LA LECHE
PMS Access ........................................... (800) 222-4767
Pregnancy Nutrition Information ....................... (800) MOM4NEWS
LOW INCOME HOUSING

BEGGS
Beggs Housing Authority
South Choctaw .................. 267-3211

HENRYETTA
New Lake Village
205 New Lake Road ............. 652-9629

Henryetta Housing Authority
1708 West Ragan ............... 652-9651

MORRIS
Sugar Bush Apartments
400 North "A" .................... 733-4362

OKMULGEE
Creek Forest
Hwy. 62 East ................... 756-8911

Creek Nation (Elderly) ........ 756-2920

Creek Nation Housing Authority
400 Crutchmer .................. 756-7134
150 Taylor Drive ................ 756-7134

Creek Nation Indian Village ........ 756-4423

Pioneer Village (Elderly)
1205 East 4th ................... 756-1298

Ridgecreek
1205 East 4th ................... 756-1298

Terrace Apartments
1307 East 1st ................... 756-0552
MEDICAL FACILITIES

Creek Nation -- Okmulgee Health Center -- Family Medical
1313 E 20th, Okmulgee -- Pediatrics
(918) 758-2717
(918) 758-2707

George Nigh Rehabilitation Institute
900 East Airport Road (North on Highway 75), Okmulgee
(918) 756-9211

Health Department -- Beggs
102 West Main, Beggs
(918) 267-3606

Health Department -- Henryetta
404 East Broadway, Henryetta
(918) 652-8250

Health Department -- Okmulgee
1304 East Walnut, Okmulgee
(918) 756-1883

Henryetta Medical Center
West Main and Dewey Bartlett Road, Henryetta
(918) 652-4463

Okmulgee Memorial Hospital
1401 Morris Rd., Okmulgee
(918) 756-4233
PUBLIC SCHOOLS

BEGGS
Elementary .............. 267-3631
Middle School ........... 267-4916
High School ............. 267-3625

DEWAR
Elementary .............. 652-2184
Public School ........... 652-9625

HENRYETTA
Board of Education ...... 652-6523
Kindergarten ............ 652-6591
Elementary .............. 652-6587
Middle School ........... 652-6578
High School ............. 652-6571

LIBERTY .................. 733-4433

MORRIS
Elementary .............. 733-2685
Middle School ........... 733-2685
High School ............. 733-2223

NYUHAKA .................. 756-1217

OKMULGEE
Board of Education ...... 758-2000
Banneker ................. 758-2010
Eastside ................. 758-2020
Westside ................. 758-2030
Middle School ........... 758-2050
High School ............. 758-2077
Green Country AVTS ...... 758-0840
OSU Okmulgee ............ 756-6211

PRESTON .................. 756-8636

SCHULTER ................. 652-8200

TWIN HILLS ................ 733-2531

WILSON
Public School ............ 652-3374
High School ............. 652-3384

GED CLASSES
Okmulgee High School .... 3rd and Alabama
Monday, Tuesday, Wednesday 4 pm-7 pm--Tests $25.00

Henryetta Housing Authority .... 1708 West Ragan
Tuesday and Thursday 6 pm-9 pm--Tests $25.00

Creek Nation Complex ....... Monday-Thursday 9 am-4 pm --Need CDIB

HEAD STARTS ON NEXT PAGE .............
### OKMULGEE COUNTY HEADSTART PROGRAMS

<table>
<thead>
<tr>
<th>Headstart</th>
<th>Days</th>
<th>Hours</th>
<th>Services</th>
<th>Age Range</th>
</tr>
</thead>
<tbody>
<tr>
<td>United Beggs Headstart</td>
<td>Monday--Friday</td>
<td>8:30--12:30; 12:30--3:00</td>
<td>Breakfast, Lunch, Supplement</td>
<td>3 1/2--5 yr old program</td>
</tr>
<tr>
<td>411 East 5th, Beggs, OK 74135</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(918) 267-3616</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Henryetta Headstart</td>
<td>Monday--Friday</td>
<td>8:00--12:30</td>
<td>Breakfast &amp; Lunch</td>
<td>3 1/2--5 yr old program</td>
</tr>
<tr>
<td>100 West Cleggern, Henryetta, OK 74437</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(918) 652-8092</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>United Okmulgee Headstart</td>
<td>Monday--Friday</td>
<td>8:00--12:30</td>
<td>Breakfast &amp; Lunch</td>
<td>3 1/2--5 yr old program</td>
</tr>
<tr>
<td>1211 East Kennedy, Okmulgee, OK 74447</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(918) 756-1561</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Creek Nation Headstart</td>
<td>Monday--Friday</td>
<td>8:00--1:00</td>
<td>Breakfast, Lunch, Supplement</td>
<td>3-5 yr old program</td>
</tr>
<tr>
<td>1808 North Miami, P O Box 580, Okmulgee, OK 74447</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>(918) 758-1420</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
INFORMATION FOR THE ELDERLY

NUTRITION SITES
Beggs .......................... 201 Choctaw ............... 267-4103
Dewar .......................... 507 South Broadway .... 652-8062
Henryetta ........................ 1301 West Main .......... 652-3086
Morris .......................... 501 W Young ............. 733-4655
Okmulgee #1 ..................... 1023 North Seminole .... 756-8570
Okmulgee #2 ...................... 1004 North Osage ...... 756-2382

HELPFUL TELEPHONE NUMBERS
AARP--Okmulgee .................. (918)756-9303/756-3348
AARP--Henryetta ................ (918)652-7755
Alzheimer Support Group--Henryetta Nancy Miller, (918) 652-3311
Alzheimer & Related Disorders . (800) 621-0379
Alzheimer's Respite Line ........ (800) 648-COPE
EODD/ADD ....................... 800-388-3633
Medicare Information ............. (800) 332-6146
    Info for Patients ............ (800) 522-9079
    Others ......................... (405) 843-9379
Medicare Hotline ................ (800) 638-6833
Natl Eye Care Helpline (over 65) (800) 222-Eyes
Oklahoma Dept of Veterans’ Affairs (918) 687-2500
Oklahoma Foundation for Peer Review (medicare rights, appeals) (800) 522-3414
Oklahoma State Medical Assoc (list of medicare physicians) (800) 522-9452
Ombudsman (nursing home complaints) (918) 682-7891
Paralyzed Veterans of America ... (918) 687-2183
Social Security Administration--Okmulgee (918) 756-8710
Supplemental Security Income (SSI) (800) 772-1212
U.S. Veterans’ Administration Medical Center (918) 683-3261
Veterans’ Benefits Counselor .... (800) 827-2206
Veterans’ Insurance Information .. (800) 827-2206
OKMULGEE COUNTY SUPPORT GROUPS

Meets Sunday & Wednesday at 7 p.m. and 8 p.m. at 408 West Division at the
Presbyterian Church

AA--Alcoholics Anonymous--Okmulgee ....... Call 756-8043, leave message if
necessary, your call will be returned

Cocaine Anonymous ......................... Meets Wednesday 7:30 p.m. at 503
1/2 East 5th in Okmulgee

Creek Nation Diabetic Support Group ........ Meets 1 p.m. last Thursday of each
month at Okmulgee Community Center--need CDIB card

Handicapped Parking Permits ............... Pick up application at Henryetta
Police Station at 125 South 4th or at Okmulgee Police Station at 115 North Morton

Narcotics Anonymous ....................... (918) 758-0549 Meets at the
Morris High School's Horticulture Bldg. Open meetings are for friends, family to
learn what addiction is. Closed meetings are for those who think they may be
addicted.
Open Meetings 8:00 p.m. Tuesday
Closed Meetings 8:00 p.m. Friday

Okmulgee Diabetic Support Group .......... Meets last Monday each month at
Okmulgee Memorial Hospital classroom. Call Shirley at 756-8310

Overeaters Anonymous ..................... Meets 6 p.m., Mondays at
Henryetta Medical Center

State Veterans Representative, Lynda Waldroop, meets with interested parties at the
Okmulgee Action Center, 313 West 8th, Okmulgee every Thursday from 9 - 3

Tops #418 Meets 10:30 a.m. Thursday at Okmulgee American Red Cross Building, 211 E
7th, Okmulgee

We Care Alzheimer's Support Group .......... Meets the 2nd and 4th Thursday of
each month at Henryetta Medical Center. Call Louise Pulliam after 5 p.m. at 652-
4573 or Nancy Miller at 652-3311.

Weight Watchers ......................... Meets in Henryetta on Thursday at
6 pm at the Church of Christ, 5th and Broadway
.............................................. Meets in Okmulgee on Monday at
5:30 pm at the Trinity Lutheran Church, 1314 East 6th
SUPPORT GROUPS -- TULSA AREA

Parenting

Adoption Support Group, for birth mothers who are relinquishing or have relinquished babies for adoption, 254-0189

Adoption Triad of Oklahoma, for adoptive, birthparents and adoptive parents contemplating a search, 646-6179

After Baby Comes, for mothers of infants and small children, 747-4393, 438-7978

AJAO, Parent Educational Group, Arthritis Foundation, 743-4526

Birth Parents New Beginnings, for birth parents of adult children, 254-1014

Bridges to Motherhood, for single pregnant women and those with babies, 743-5400

Caesarean Awareness Network of Greater Tulsa, 299-3923, 459-0051

Cerebral Palsy Parent/Grandparent Group, 599-0000

C.H.A.D.D. of Green Country, for parents of children (and adults) with attention deficit disorder, 298-CHAD

Child Care Resource Center, information and referrals to licensed child care, 587-2273

Confident Kids, 494-0550

Cornerstone, home schooling, 455-5968

Effective Biblical Parenting, 496-9144

Effective Black Parenting, 425-0588

Family Workshop for Healthy Living Styles, 745-2525

Fetal Alcohol Syndrome/Fetal Alcohol Effects

Parent Support Group, 592-0695

First Steps, designed to develop healthy families and to reduce the risk of neglect and child abuse, 579-7505

Genetics Clinic, 582-7225

Grandparents Raising Grandchildren, 272-6444

Keys to Motherhood, for single pregnant women and single mothers with infants to pre-school aged children, 258-6363

LaLeche League, mothering and breastfeeding, daytime 252-7232, 481-0954, 446-6761 and evenings 252-9897, 250-7231 (Tulsa); 455-6885 (Broken Arrow)

Men in Transition, 747-6800

Non-Custodial Parents Want Equal rights, (800) 918-5559

OB GYN family planning 582-7225

Oklahoma Adoption Support Association, 455-7771

Parenting Skills Class, 663-6057, 582-7225

Parents Anonymous, 599-7999

Parent Child Center for Tulsa's Parents' Assistance Group, 599-7999

Parents for Parents, 744-0123

Parents Group Using Tough Love, 587-LOVE

Parents' Guide to Divorce, 743-3540, 585-9567

Parents in Step-Families, 299-0401

Parents of Adolescents, 582-0061, 582-7225

Parents of Hearing Impaired Children, 832-8472

Parents of Murdered Children and Survivors of Violent Crimes, 743-4451

Parents United, for parents of children who have been sexually abused, 663-5015

Parents in Touch, for families of children who have problems with attention spans, communications, behavior, social adjustments or emotional, 585-3043

Pregnancy and Infant Loss of Northeastern Oklahoma, 371-4460, 451-0699

Promoting Adolescent Growth: Group for Parents of Adolescents Ages 12-18, 749-2445

Restoration Outreach Parents Encouragement (ROPE), a Christian group for parents of children in the gay lifestyle, 252-4844, 366-7718, 744-0437

Safe Home Program, providing temporary child placement with Indian families, 592-0695

Security Assistance, 584-2431

Separated and Depressed (SAD), 834-1458

Single Parents, 838-7140

Sooner Start Parent Group, 835-8691

Step-Parenting, 587-3888

Sisters Christian Fellowship, for single mothers, 234-1337

Subsequent Pregnancy Group, for expectant mothers who have experienced loss, 371-4460, 451-0699

Survivors of Incest Anonymous, 250-3835

Tough Love, 587-LOVE

Tulsa Adoptive Parents, 251-9068, 455-0500

Tulsa Area Mothers of Twins, 455-2708

Tulsa Mothers of Multiples, 299-7228, 627-8650

YMCA Pregnancy to Fitness, 749-2519

Social Concerns

Abused by Religion, 492-3210, 425-9378

Adult Children of Dysfunctional Families, 587-3888

A Few Good Men, for husbands of abuse victims (and other men's issues), 742-2525

After the Flowers Are Gone, grief recovery for those who are widowed, 492-1771, 627-0935

Alliance for the Mentally Ill, 582-8264

Anxiety Group, 836-7999

Anxiety Disorders Association of Tulsa, 663-0257

Arts and Crafts Group for Bereaved Women, 587-7000

Association for Children for the Enforcement of Support, 560-3754

Beginning Again, after divorce/separation fellowship group, 492-1771

Caregivers Support Group, 579-7380

Chains or Change, for dysfunctional families, 496-3926

Coalition for Family Justice, for families falsely accused of child abuse, 266-7040
Social Concerns continued:

Co-Dependence class, 663-0202
Co-Dependents Anonymous (CODA), sharing and recovering, 665-0351/2501966
Co-Dependents Anonymous, 492-6891
Co-Dependency, 272-7471
Co-Dependency class, 663-6057
Community Assistance Program, counseling assistance and referral, 495-3883
Compassionate Friends, Tulsa Chapter, for bereaved parents, 481-2181
Connecting and Healing the Shame class, 663-6057
Couples Communication, 749-2445
Couples Communication, for improving damaged relationships, 835-2551
Couple Communication Skills, 745-0095
Couples in Group Therapy, 742-8899
Couples’ Group, communication, intimacy and equality in relationships, 622-8199
Couples Last Chance, for couples in crisis or considering divorce, 747-6800
Courtwatch, 494-9639
Crossdressers of Green Country, 835-5334
Crossdressers Lay CareGiver Group, 272-2294
Cultural Awareness Group, 496-8911
Daytime Widowed Persons Service, 836-5024/587-5887
Debtor's Anonymous, 742-8377
Dignity/Integrity of Tulsa, Inc. Christian group for gay and lesbian Catholics, Episcopalians and others, PO Box 1271, Tulsa, OK 74101
Divorce Adjustment, 663-3000/266-1931
DivorceCare, 258-4575
Divorce Group, for women, 587-3888
Divorce Recovery, 251-8591/838-7140
Domestic Violence Intervention Services, for men and women, 585-3163
DVIS Male Batterers, 584-0096
Eating Disorder and/or Sexual Abuse Group, 560-5792
Extension, group activities for mental health clients, 585-1213
Families and Friends of Prisoners, 587-0685
Families in Touch, for families of the mentally ill, 585-1213
Friends and Family of Rape Victims, 744-7273
Gambler's Anonymous, 669-6999
Garnett Divorce Group, 486-4457/266-1931
Going Beyond: Abuse Recovery Group for Women, 742-2525
Golden Fellowship, for those who are retired and those who wish they were, 749-9971
Grief Group, 587-7000/838-7717
Grief/Bereavement, 627-0326
Grief Group, 587-7000/838-7717
Grief Recovery, 584-4701/743-9974
Healing for Damaged Emotions, 749-2445
Healing for the Inner Child, 663-6057
Healing the Shame, 663-0202
Helping ADDults in Tulsa, 622-1370
Homosexuals Anonymous, Tulsa Alpha Chapter, 299-3113
Hospice of Green Country Bereavement Groups, 627-0326
Indian Women, 582-7225
Job Seekers Groups, 582-7555
Job Support Center, 742-8700
Journey of Hope, for families who have a mentally ill family member, 74-1304/492-1771/587-9481, ext 260
Kairos Samaritan Counseling Center, 747-6800
Kids Are Winners, for children dealing with life’s challenges, for ages 6-11, 747-6800
Lifetools, 745-0095
Living After Breast Cancer, 664-9577
Living Solutions, Christian counseling, 494-0550
Living with Schizophrenia, 585-1213
Love that Body, for mothers and pre-teens, 745-0095
Married Couples, 835-2551
Men Living with HIV/AIDS, 743-1000
Mental Health Group, 250-7221
Men’s Groups, 749-2445
Morning Encouragement, for people with depression and anxiety, 646-7215
Motherless Daughters, 492-3210
National Center for Men, 428-3692
New Beginnings, Adoption to Adoption, 481-4884
New Beginnings, consumer advocacy group for mental patients, 585-9258/582-9518
New Creation, for those who have suffered emotional, physical or sexual abuse, 745-0095
Obsessive Compulsive Group, 491-8110
Overcoming Overeating, 745-0095
Overeaters Anonymous, 744-7611
Panic and Agoraphobia Group, 491-8110
Panic and Anxiety, 836-7999
P-FLAG, for parents and friends of lesbians and gays, 749-4901
Phobia Society of Tulsa, 663-0257
Pointman Ministries for Vietnam Veterans, 747-0909
Rape Group and Caring and Coping Partners of Vietnam Veterans, 581-7105
Rape Victims, 744-7273
Rebuilders: for people going through marital separation or divorce, 455-5020
Rebuilding Blocks: for those going through marital separation or divorce, 492-1771
Recovery, Inc., for group for nervous people, 747-5103/585-1211
Recovering Your Inner Child, 663-0202
Religion Group, 492-3210
RRR-Religion Recovery Roundtable, 492-3210
Self-Esteem Group, 581-3888


Social Concerns continued:

Self-Esteem Workshop, 665-7994  
Sex Addicts Anonymous, The Freedom Group, PO Box 54664, Tulsa, OK 74155/748-5625  
Sexaholics Anonymous, 836-4750  
Sexual Abuse Survivors, 749-2443  
Sexual Assault Educational Group, 744-7362  
Spiritual Health, 492-3210  
Support - Insight Group, for wives whose husbands have retired, 455-7314  
Survivors, for loved ones of suicide victims, 585-1213  
Survivors of Divorce, for men and women, 747-1647  
Tulsa Tall Club, for women 5' 10" and taller and men 6' 2" and taller, 744-6262  
Victims Group, robbery, burglary or assault, 491-8162  
Victims of Child Abuse Laws Inc., for families dealing with false allegations of child abuse, 836-6149/835-6705  
Widowed Persons Service and Support Group, 660-0006  
WINGS, incest group for men, 747-1182  
WINGS Women's Incest Survivors, 428-2879/747-1182  
Women in Group Process, 742-8999  
Women Living with HIV/AIDS, 743-1000  
Women's Group, empowerment and self-esteem, 622-8199  
Vietnam Veterans of America, 665-3139  
Widows and Widowers Care and Share Group, 747-8601  
Women and Self-Esteem, 836-7999  
Women's Divorce Group, 587-3888  
Women's Support Group for Victims of Physical, Sexual, Mental or Emotional Abuse, 749-4422  
Younger Widowed Person Service, 446-5073/743-3227/251-1317

Singles Groups/Clubs

Activities Unlimited, 455-7923  
Asbury's "Sam" Groups, 492-1771  
By Design, 299-3593  
Catholic Alumni Club of Tulsa, 749-9877  
Christian Singles Group, 628-921  
Divorced, Separated, Widowed Group, 266-4463/663-2337  
Fellowship of Christian Adult Singles, 749-9971  
P.O.C.A.S. (Fellowship of Christian Adult Singles) on Saturdays, 749-9971  
Friday Night Singles' Dance, 838-8026  
Northeast Oklahoma Singles Square Dancing Clubs, 492-2712  
Over 40 Singles Friendship Club, 622-7637/437-5605  
Oz Singles, 299-5462

Parents Without Partners Orientation, 428-2799  
Phoenix Singles, 742-6033  
Prime Time Singles, 493-1700   
Single Adult Ministries, 749-9971  
Single Parents, 838-7140  
Singles Available for Community Service, 581-6094  
Single Friends, 627-4790  
Single Friends 39 Plus, 749-4173/437-2255  
Singles In Agriculture, Oklahoma Chapter, 745-9194  
Singles Living and Lifestyle Workshop, 495-1441/299-7211  
Single Mingle, 834-5102  
Sonshine Singles, 251-5841/622-6036  
Speaking Singles Toastmasters, 743-3227  
Single Adults Beginning Again, 492-1771  
Singles Spirit, 587-1571  
Super Seniors Group, 587-3888  
The Sojourners Class, 582-8237  
Top Of The Hill Senior Singles, 664-1881  
T-Town Ramblers, 663-7745/366-6449  
Tulsa Tipp Toppers, 251-4598

Alcohol/Substance Abuse

Adult Children of Alcoholics, 748-5551  
Adult Children of Alcoholics, Christian 12-step recovery group, Broken Arrow, 357-3302  
Adult Children of Dysfunctional Families, 587-3888  
Aftercare Treatment Addressing Issues of Addiction, 592-0695  
AI-Anon, friends and family of alcoholics, 627-9114  
Alcoholics Anonymous, 627-2224  
Alcoholics for Christ, 836-9569  
Better Choices for Adult Children AI-Anon, 627-9114  
Christian study group for the chemically dependent, 446-4980/251-4506  
Christians in Recovery, 241-3803  
Co-Anon Family Group, Freedom Chapter, 660-8665  
Cocaine Anonymous, 660-8665  
Co-dependency Class, 663-6057  
Couples in Recovery, for 12-step couples, 835-2551  
Courage to Change, adult children of alcoholics, Al-Anon group, 627-9114  
Drug/Alcohol Dependency, 663-6057  
DVIS Women for Safety and Sobriety, 251-2933  
Family Group, sponsored by Indian Health Care, 592-0695  
Fetal alcohol syndrome prevention/counseling and education, 592-0695  
H.O.W. Foundation Drug and Alcohol Rehab Center, 252-5739  
How to Cope with a Dependent Person, 749-6476  
Moderation Management, 663-4554  
Narcotics Anonymous, 747-0017  
Nicotine Anonymous, 628-0741
Alcohol/Substance Abuse continued:

Nurses Support Group, (405)525-2277/481-4000
Overcomers Outreach, bridging the gap between
12-step programs and the church, 747-6912
Palmer Drug Abuse Programs, 832-7763
Rational 12-Step Group, 663-0202
Recovering Parents, whose children are in recovery
programs, 252-9897
Relapse Prevention Group, 663-5183/663-6057
Shame Group; Stage I Recovery for Adult
Children, 663-6057
Stay Stoppers, for ex-smokers, 492-3700
Students Against Drugs and Alcohol, 481-6089/1-
800-522-8031
Teen awareness group promoting chemical-free fun
for adolescents, 592-0695
The Family in Focus, awareness program, 749-
6476
Tulsa Area Council on Alcoholism and Drug Abuse,
749-6476
12-Step Bible Study, 836-7503/664-9357

Health

Adult Diabetic Group, 455-8674
AIDS Coalition of Tulsa, 585-2772
AIDS counseling and testing, 582-7225
AIDS Support Group, S.A.F.E. (Serving-AIDS-
Impacted Families with Endurance),459-0635/488-3280
AJAO - Parent Educational Group, for the parents
of children with arthritis, 743-4526
ALS (Lou Gehrig's disease), 355-3399/258-6514
Alzheimer's Association, 481-7741
American Chronic Pain Association, 355-
2243/6637932
American Diabetes Association, 492-4047
Arachnoiditis Support Network, 663-8456
Arthritis Day Group, 627-7805
Arthritis Group, St. Francis Hospital, 494-5463
Asbury Cancer Support Group, 299-4975
Attention deficit Disorder Group, for parents, 299-
4862
Autism Group, 663-2506
Being Aware, rap group for people with HIV/Aids,
298-4622
Breast Cancer and Recurrence Group, 664-9577
Cancer Group, 299-4975
Cancer Treatment of Tulsa Group, 496-5710
Cerebral Palsy, Tulsa, 599-0000
Chronic Fatigue Syndrome, 451-2259/742-8748
Circle of Friends, for families and friends who
have children with cancer, 494-2525
Cleft Palate Education Group for Parents and
Families, 494-1474
Cross Disabilities Group, skills to live an
independent life, 592-1235
Cystic Fibrosis Group, 258-9038/496-8550
Diabetes Group, 582-7225
Disability Group, 584-8607
Down Syndrome Association of Tulsa, 748-5656
ENCORE, for breast cancer patients, 628-1030
EHGO, allergies to perfume, chemicals, etc., 749-
1972/749-1441
Families of Children with Diabetes, 455-4848
Families in Touch, for families dealing with mental
illness, 585-1213
Fibromyalgia Support and Network, 663-8456
For Women Only: Cancer Group, 496-5170
Coping with the Gluten Free Diet, 488-3675
Grave's Disease Group, 224-3952
Group for parents with children who have insulin-
dependent diabetes, 664-6600
Healing Hearts, for parents of children with heart
disorders, 747-8254/481-5182
Heart-to-Heart, for spouses of cardiac patients,
584-8607
Hereditary Ataxia, 747-2090
Herpes Group, 587-1101
Huntington's Disease Society of America,
Oklahoma Affiliate Group, 492-4882
Informed Childbirth, Caesarean Prevention and
Midwifery Referral, 299-5060
Interfaith AIDS Ministries, 438-AIDS
Juvenile Arthritis Parent Educational Group, 743-
4526
Kidney Transplant and Dialysis Patients Group,
245-0089
Liver Transplant Support Group, 835-0173
Living with Cancer, 744-0123
Lithium Group, also for those with bipolar, manic-
depressive disorders, 258-2533
Lupus Group, 749-4444
Magic Foundation (Growth Hormone) group, 583-
1235
A Moment for Myself Breast Cancer Group, 744-
0123
Mended Hearts, for those who have had open heart
surgery or other heart disease patients and families,
742-1974
MultiCultural AIDS Coalition of Tulsa, 585-2772
Multiple Sclerosis Group, 494-2999
Multiple Sclerosis Society, Oklahoma Chapter, 488-
0882/1-800-777-7814
Multiple Sclerosis Newly Diagnosed, 663-3964
Multiple Sclerosis Day Group, 622-4959
Multiple Sclerosis Night Group, 494-2999
Multiple Sclerosis Caregivers/Supporters Group,
743-7740
Multiple Sclerosis, Broken Arrow, 455-7849/357-
2607
Muscular Dystrophy Association, 749-7997
Mustard Seed, for those who have had or been
diagnosed with cancer, 492-4953
Myasthenia Gravis Foundation, 494-4951
National Ataxia Foundation, 747-2090
National Federation of the Blind, Tulsa Chapter,
663-0384
Health Continued:

National Foundation for Ileitis and Colitis, 748-8540
New Voice Club, for people who have had laryngostomy operations, 631-2504
Northeast Oklahoma Post Polio Support Group, 744-5595
Oklahoma AIDS Information Line, 1-800-522-9054
Oklahoma Lupus Foundation, Tulsa Chapter, 258-4138/250-6379
Pain Tamers Support Network, 663-8456
Parents of Asthmatics, 254-6635/481-8103
Parents of Children with Diabetes, Kirk of the Hills Presbyterian Church, 494-7088
Parkinson’s Day Group, for all ages and caregivers, 747-3747
Patients and Families Living with Cancer, 744-0123
Pituitary Tumor Network, 583-1235
Project Get Together’s Diabetes Group, 835-2910
Reflex Sympathetic Dysfunction Syndrome Association, 663-8456/592-2150
Reiters Syndrome, 367-3668
Renal Dialysis Group, 494-1145
Resolve of Tulsa, an infertility group, 621-5250
St. John Cancer Group, 744-0123

Second Wind Club, for those with breathing and/or heart problems, 747-3441/584-1351/744-5595
Self Help for the Hard of Hearing, 832-8742
Seizure Group, 299-9741
Shanti of Tulsa Inc., for persons with positive HIV antibody, ARC, or AIDS, 749-7898
SHHHH (Self-Help for the Hard of Hearing), 663-9920
Sickle Cell Anemia, 428-1974
Sjogrens Support Group, 744-5595
Spinal Cord Injury Group, 455-3555, ext 2300/665-7874
Spiritual Cancer Group, 749-7718/747-8601
Standing Together, for couples in the AIDS crisis, 743-2917
Sudden Infant Death Syndrome (SIDS), 234-5124/254-5944/234-4113
TMJ Implants Group, 254-2527
The Tulsa Chapter of the American Liver Foundation, 251-2409
Tulsa Chapter Oklahoma Head Injury Foundation, 451-5165
Total Allergy Syndrome Support Group, 835-3598
Tourette Syndrome, 298-6820
Tulsa Chapter of United Ostomy Association, 664-9577
Tulsa Day Group, for those with arthritis, 627-7805
Tulsa Silicone Breast Implant Group, 488-0781
Tulsa Stroke Survivors, 744-5595

Tulsa Tourette Chapter, 252-3227/745-2367
Us Too, for men who have been diagnosed with prostate cancer, 744-2300/744-0123
VISTA, group for the visually impaired, 747-4422
Women in Need of Support with Arthritis, 2513062/455-2113
Y-Me of Northeastern Oklahoma, for breast cancer information and support, 587-6221
Young Adults with Diabetes, 494-1525
Young Women with Arthritis, 743-4526

Weight/Eating Disorders

Herbalife Weight Loss Support Group, 742-7423
Overeaters Anonymous, 744-7611
Psycho Education Group, for people with eating disorders, 743-2123
Resonance Eating Disorders Group, 587-3888
TOPS #295, 627-0720/838-1179
Tulsa Regional Medical Center’s Eating Disorders Group, 599-7778
24-Hour Holiday Hot-Line, for those with eating disorders, 599-5755
Weight Watchers, (800) 522-9077
Weight and Eating Disorders, 599-5755