Local Resources Available Seminole County

Mental/Behavioral Health:
- Mental Health 405-382-4507

Substance Abuse/Addictions:
- Multi County Counseling 405-257-9030

Individual/Couple Counseling:
- Youth and Family Services 405-257-5491

Nonprofit organizations:
- 4-H 405-257-5433
- OHCE 405-257-5433
- Calm Waters Center for Children and Families 405-841-4800

Religious groups:
- First Methodist Church  Seminole, OK 405-382-2016

Family Violence:
- DHS Child protective Services 405-521-2283

Financial Planning:
- OSU Extension Office 405-257-5433

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