The plan of study for a master's degree student is individually planned to develop academic excellence specific to the student's career goals. The selection and organization of courses are made in consultation with the adviser and the student's advisory committee. Students have the option of choosing between a thesis and non-thesis option as indicated below.

1) The M.S. degree with thesis option requires a minimum of 30 credit hours which includes 6 credit hours for thesis research. All credit hours must be completed in courses numbered 5000 and above or asterisked 4000 level courses from departments other than NSCI.

2) The non-thesis M.S. degree option requires a minimum of 34 credit hours which includes 3 credit hours of NSCI 5843. All credit hours must be completed in courses numbered 5000 and above or asterisked 4000 level courses from departments other than NSCI.

Core Requirements
- NSCI 5000 Master’s Thesis (thesis option-6 credits) or
  NSCI 5843 Non-thesis Creative Component
- NSCI 5123 Research Methods in Nutritional Sciences
- NSCI 5033 Macronutrients in Human Nutrition
- NSCI 5043 Micronutrients in Human Nutrition
- NSCI 5960 Seminar in Nutritional Sciences (1 hr credits; max 2)
- STAT 5013 Statistics for Experimenters I or REMS 5953 Statistical Methods in Education

Area of Specialization
- NSCI 5023 Advanced Nutrition in the Pathophysiology of Chronic Disease
- NSCI 5133 Nutrition for Exercise and Sport
- NSCI 5363 Maternal and Infant Nutrition
- NSCI 5373 Childhood Nutrition
- NSCI 5393 Nutrition and Aging
- NSCI 5543 Obesity Across the Lifespan
- NSCI 5553 Global Nutrition and Food Security
- NSCI 5563 Nutritional Assessment
- NSCI 5613 Advanced Nutrition Education and Counseling
- NSCI 5643 Advanced Medical Nutrition Therapy
- NSCI 5713 Advanced Community Nutrition
- NSCI 5743 Advanced Laboratory Techniques in Nutrition
- NSCI 5870 Problems in Nutritional Sciences
- NSCI 6033 Phytochemicals in Reduction of Chronic Disease
- NSCI 6223 Nutrition and Immunology
- NSCI 6870 Independent Study in Nutritional Sciences
- BIOC 4113 Molecular Biology
- BIOC 5824 Biochemical Laboratory Methods
- CPSY 5173 Gerontological Counseling
- CPSY 5473 Basic Counseling Skills
- CPSY 5503 Multicultural Counseling
- HHP 5593 Human Electrocardiographic Interpretation
- HHP 5613 Cardiac Rehabilitation
- HHP 5853 Stress Testing and Exercise Prescription I
- HHP 5873 Human Bioenergetics
- HLTH 5113 Psychological Aspects of Health
- HLTH 5323 General Epidemiology
- HLTH 5453 Cultural Issues in Health
- MGMT 5093 Management of Non-Profit Organizations
- REMS 5013 Research Design and Methodology
- REMS 6003 Analyses of Variance
- SCFD 5873 Culture, Society and Education
- SCFD 5913 Introduction to Qualitative Inquiry
- STAT 4043 Applied Regression Analysis
- STAT 5023 Statistics for Experimenters II
- STAT 5043 Sample Survey Design
- STAT 5303 Experimental Design
- VBSC 6120 Advanced Physiology of Selected Systems
- ZOOL 4215 Mammalian Physiology
- ZOOL 5283 Endocrinology

NOTE. NSCI 5303, 5333 and 5353 are levelling courses and may not be used on a plan of study. NSCI 5412, NSCI 5422 and NSCI 5432 are supervised practice experiences associated with the dietetic internship and should not be included on the plan of study to meet degree requirements.

June 2016