

NUTRITIONAL SCIENCES: COMMUNITY NUTRITION, BSHS

Requirements for Students Matriculating in or before Academic Year 2018-2019. Learn more about University Academic Regulation 3.1 (<http://catalog.okstate.edu/university-academic-regulations/#matriculation>).

Minimum Overall Grade Point Average: 2.50
Total Hours: 120

Code	Title	Hours
General Education Requirements		
<i>English Composition</i>		
See Academic Regulation 3.5 (http://catalog.okstate.edu/university-academic-regulations/#english-composition)		
ENGL 1113 or ENGL 1313	Composition I Critical Analysis and Writing I	3
Select one of the following:		3
ENGL 1213	Composition II	
ENGL 1413	Critical Analysis and Writing II	
ENGL 3323	Technical Writing	
<i>American History & Government</i>		
Select one of the following:		3
HIST 1103	Survey of American History	
HIST 1483	American History to 1865	
HIST 1493	American History Since 1865	
POLS 1113	American Government	3
<i>Analytical & Quantitative Thought (A)</i>		
MATH 1513	College Algebra (A)	3
<i>Humanities (H)</i>		
Courses designated (H)		6
<i>Natural Sciences (N)</i>		
Must include one Laboratory Science (L) course		
CHEM 1215 or CHEM 1314	Chemical Principles I (LN) Chemistry I (LN)	4
CHEM 1225 or CHEM 1515	Chemical Principles II (LN) Chemistry II (LN)	5
<i>Social & Behavioral Sciences (S)</i>		
Courses designated (S)		3
<i>Additional General Education</i>		
BIOL 1114	Introductory Biology (LN)	4
SPCH 2713 or SPCH 3723	Introduction to Speech Communication (S) Business and Professional Communication	3
STAT 2013 or STAT 2023	Elementary Statistics (A) Elementary Statistics for Business and Economics (A)	3
Hours Subtotal		43
Diversity (D) & International Dimension (I)		
May be completed in any part of the degree plan		
At least one Diversity (D) course		

At least one International Dimension (I) course

College/Departmental Requirements		
<i>Human Sciences</i>		
HS 1112 or HS 3112	Human Sciences First-Year Seminar Human Sciences First-Year Seminar for Transfer Students	2
HDFS 2113	Lifespan Human Development (S)	3
<i>Nutritional Sciences</i>		
NSCI 3011	Nutrition and Evidence-based Practice I	1
NSCI 3021	Nutrition and Evidence-based Practice II	1
NSCI 4021	Nutrition and Evidence-based Practice III	1
Hours Subtotal		8
Major Requirements		
2.50 GPA is required for Major Requirements		
NSCI 2114	Principles of Human Nutrition (N)	4
NSCI 3223	Nutrition Across the Life Span	3
NSCI 3440	Nutritional Sciences Pre-Professional Experience (1 hour)	1
NSCI 3543	Food and the Human Environment (IS)	3
NSCI 4023	Nutrition in the Pathophysiology of Chronic Disease	3
NSCI 4123	Human Nutrition and Metabolism I	3
NSCI 4143	Human Nutrition and Metabolism II	3
NSCI 4632	Community Nutrition I	2
NSCI 4633	Community Nutrition II	3
BIOL 3204	Physiology	4
CHEM 3015	Survey of Organic Chemistry	5
HTM 1113	Introduction to Food Studies	3
HTM 2153	Introduction to Hospitality Accounting	3
HTM 3213	Hospitality and Tourism Management and Organizations	3
<i>Emphasis Requirements</i>		
Select an emphasis (p. 1)		26
Hours Subtotal		69
Total Hours		120

Emphasis Nutrition & Exercise (NUEX)

Code	Title	Hours
Includes prerequisites for MS in Athletic Training		
HHP 2654	Applied Anatomy	4
HHP 2802	Medical Terminology for the Health Professions	2
HHP 3114	Physiology of Exercise	4
HHP 3663	Biomechanics	3
HHP 4773	Principles of Exercise Testing and Prescription	3
PHYS 1114	College Physics I (LN)	4
MATH 1613 or MATH 1715 or MATH 1813	Trigonometry (A) Precalculus (A) Preparation for Calculus (A)	3-5
Controlled electives		1-3

Nutrition Education (NUED)

Code	Title	Hours
Student must declare a minor in HEPR		
HLTH 2213	Principles in Health Education and Promotion	3
HLTH 2603	Total Wellness (S)	3
HLTH 3613	Community Health	3
HLTH 3643	Health Behavior Theory	3
HLTH 4973	Program Design in Health Education and Promotion	3
HHP 2654	Applied Anatomy	4
HHP 3114	Physiology of Exercise	4
Controlled electives		3

School Nutrition & Food Service Management (SNFSM)

Code	Title	Hours
HTM 2283	Hospitality Industry Financial Analysis	3
HTM 3473	Mechanical Equipment and Facility Management	3
HTM 3623	Purchasing and Cost Control for Hospitality and Foodservice	3
HTM 3783	Hospitality Industry Human Resources Management	3
HTM 4213	Hospitality Catering	3
MICR 2123	Introduction to Microbiology	3
MICR 2132	Introduction to Microbiology Laboratory	2
MKTG 3213	Marketing (S)	3
NSCI 4573	Management in Dietetics	3

Food, Nutrition & the Public (FNP)

Code	Title	Hours
Select 26 hours of Controlled Electives working with adviser to identify courses which support the NSCI major and a clearly articulated career path. This may be accomplished by the addition of an OSU minor.		26

Career paths may include: Cooperative Extension, Food Sales, Public Policy, Communications and International Nutrition. Plan must be approved by department head.

Note: Care must be taken not to include credit hours twice under different sections of the degree sheet.

Ensure that enough upper-division controlled electives are taken to meet the 40 hour upper-division Regents requirement.

This degree program does not meet all the Didactic Program in Dietetics academic course requirements. See the NSCI Major/Dietetics Option sheet for courses to be added.

Other Requirements

- 40 upper-division hours required.
- A 2.50 Major GPA is required. This includes all courses in College/Departmental and Major Requirements.
- A grade of "C" or better is required in all NSCI 3000 and 4000-level courses.

- Transfer Admission Requirement: 2.50 GPA

Additional State/OSU Requirements

- At least: 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU.
- Limit of: one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours.
- Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation.
- Degrees that follow this plan must be completed by the end of Summer 2024.