BACHELOR OF SCIENCE IN HUMAN SCIENCES

NUTRITIONAL SCIENCES: ALLIED HEALTH

This Nutritional Sciences program offers preparation to enter the healthcare industry. Students have a rigorous science sequence as well as specific coursework in the role of nutrition in human health. *(120 credit hours)*

**SAMPLE FOUR-YEAR PLAN OF STUDY**

**FALL**
- Composition I*
- College Algebra (or higher)*
- Social Science Elective*
- Biology*
- Introduction to Health Careers
- Human Sciences 1st Year Seminar 16 hrs.

**SUGGESTED FOR STUDENTS SEEKING CONCURRENT, DUAL CREDIT, OR AP COURSE OPTIONS TO APPLY DIRECTLY TO THIS DEGREE PLAN. REFER TO THE OSU TRANSFER CREDIT GUIDE & CREDIT BY EXAM GUIDE FOR SPECIFIC COURSE INFORMATION AT OKSTATE.EDU.**

**SPRING**
- Composition II*
- American History Course*
- Chemistry I
- Principles of Human Nutrition

**FALL**
- Statistics*
- Total Wellness
- Chemistry II
- Controlled Elective

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**SPRING**
- Speech
- American Government
- Organic Chemistry
- Food and the Human Environment
- Controlled Elective 17 hrs.

**FALL**
- Physiology
- Microbiology
- Organic Chemistry II or Controlled Elective
- Nutrition Across the Lifespan
- Nutrition & Evidence-based Practice I 14 hrs.

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**SPRING**
- Anatomy
- Microbiology Lab
- Organic Chemistry Lab
- Lifespan Human Development
- Nutrition and Evidence-based Practice II
- Controlled Elective 13-15 hrs.

**FALL**
- Humanities/Diversity Course
- Nutrition in the Pathophysiology of Chronic Disease
- Human Nutrition and Metabolism I
- Nutrition and Evidence-based Practice III
- Controlled Elective 16 hrs.

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**SPRING**
- Humanities Course*
- Principles of Nutrition Education
- Human Nutrition and Metabolism II
- Medical Terminology for Health Professionals
- Controlled Elective 14 hrs.

**SCIENCE SEQUENCES**
- Nutrition: Principles of Human Nutrition ▶ Nutrition Across the Lifespan ▶ core Nutritional Sciences courses
- Biology: Introductory Biology ▶ Microbiology & Lab
- Chemistry: Chemistry I ▶ Chemistry II ▶ Organic Chemistry I ▶ Organic Chemistry II

**CONTACT INFORMATION**
Prospective Student Services
humansciences@okstate.edu
405-744-5053