Registered Dietitian Nutritionists (RDNs) are qualified to practice nutrition counseling, community education, and medical nutrition therapy. Dietitians apply up-to-date scientific research, culinary skills, and management principles in schools, hospitals, clinics, industry, and government agencies. These professionals perform many roles to help individuals manage health outcomes through improved nutrition and can specialize in a unique emphasis area. Dietitians complete an undergraduate science-focused degree, participate in a post-graduate 1,200-hour internship, pass the RDN exam, and will be required to complete a masters degree starting in 2024 to gain licensure as a RDN. The job market for dietitians in the United States is expected to grow 15 percent from 2016-2026.

PROGRAM HIGHLIGHTS
- Nationally accredited program through ACEND
  (Accreditation Council for Education in Nutrition and Dietetics of the Academy of Nutrition and Dietetics, 120 South Riverside Plaza, Suite 2000, Chicago, IL 60606 (312) 899-0040 x5400)
- Focused science sequence in chemistry, physiology, metabolism, and microbiology
- Pre-professional experience component with an emphasis on shadowing
- Community and laboratory undergraduate research opportunities with highly qualified faculty
- Highly successful program with 100% RDN exam pass rate (2017)
- Acceptance of OSU students into dietetic internships surpasses national average (85% vs. 50%)
- Early selection eligibility for OSU’s combined master’s degree and dietetic internship program

CAREER FIELDS & FOCUS AREAS

HEALTHCARE
- Hospitals & outpatient clinics
- Long-term care & rehabilitation
- Disease management
- Private consulting

MANAGEMENT
- Quantity foodservice operations
- Food distribution & purchasing
- Quality assurance & food safety
- Human resources & finance

COMMUNITY
- Nutrition & health education
- Food assistance programs
- Corporate wellness
- Extension education

humansciences.okstate.edu
# BACHELOR OF SCIENCE IN HUMAN SCIENCES

## NUTRITIONAL SCIENCES: DIETETICS

This Nutritional Sciences program offers preparation to become registered dietitian nutritionists (RDNs). Students complete a rigorous science sequence as well as specific coursework in the role of nutrition in human health. **(120 credit hours)**

### SAMPLE FOUR-YEAR PLAN OF STUDY

**FALL**
- Composition I*
- College Algebra (or higher)*
- Biology*
- Principles of Human Nutrition
- Human Sciences 1st Year Seminar

**SPRING**
- Composition II*
- American History Course*
- Chemistry I
- Lifespan Human Development
- Professional Careers in Dietetics

**FALL**
- American Government
- Financial Accounting
- Chemistry II
- Intro to Food Studies

**SPRING**
- Speech*
- Statistics*
- Organic Chemistry
- Introductory Psychology*
- Humanities Course*

**SUMMER: Pre-professional Experience (1 hr.)**

- Pre-professional Experience (1 hr.)

**FALL**
- Physiology
- Biochemistry
- Hospitality & Tourism Management
- Nutrition Across the Lifespan
- Nutrition & Evidence-based Practice I
- Food & the Human Environment

**SPRING**
- Humanities/Diversity Course
- Microbiology
- Microbiology Lab
- Medical Terminology for Health Professionals
- Nutrition & Evidence-based Practice II
- Assessment & Counseling

**FALL**
- Human Nutrition & Metabolism I
- Medical Nutrition Therapy I
- Management in Dietetics
- Community Nutrition I
- Nutrition & Evidence-based Practice III
- Professional Prep Dietetics

**SPRING**
- Human Nutrition & Metabolism II
- Medical Nutrition Therapy II
- Science of Food Preparation
- Community Nutrition II
- Quantity Food Production Practicum

---

* Suggested for students seeking concurrent, dual credit, or AP course options to apply directly to this degree plan. Refer to the OSU Transfer Credit Guide & Credit By Exam Guide for specific course information at okstate.edu.

### SCIENCE SEQUENCES

- Nutrition: Principles of Human Nutrition ▶ Nutrition Across the Lifespan ▶ core Nutritional Sciences courses
- Biology: Introductory Biology ▶ Microbiology & Lab

### CONTACT INFORMATION

Julie Cunningham  
Prospective Student Advisor  
405-342-3706 (call or text)  
julie.cunningham@okstate.edu

Want to chat with a current NSCI student?  
humansciences@okstate.edu