

## Child and Family Services Health and Well-Being (HWB) Plan of Study 2016-2017

Fall	First Year	Spring
ENGL 1113 Composition I or 1313 Critical Analysis and Writing I		ENGL 1213 Composition II <i>(Prerequisite: ENGL 1113, 1123, or 1313)</i>
HS 1112 Human Sciences First-Year Seminar or 3112 Human Sciences First-Year Seminar for Transfer Students		or 1413 Critical Analysis and Writing II
		POLS 1113 American Government
HDFS 1112 Intro to Human Development & Family Science		MATH 1513 College Algebra (Req. pre-req) <i>(Appropriate OSU Math Placement Score)</i>
HDFS 2113 Lifespan Human Development		NSCI 2114 Principles of Human Nutrition
HIST 1103 Survey of American History or 1483 American History to 1865 or 1493 American History since 1865		ELECT (3) Required Elective - HLTH 2213 Principles in Health, Education, and Promotion
		<b>16 Hours</b>
“H” (3) Lower Division Humanities <i>(H/I course suggested)</i>		
<b>16 Hours</b>		

Fall	Second Year	Spring
HDFS 2213 Human Sexuality		HDFS 2123 Developmental Disabilities: Issues Across the Lifespan <i>(Prerequisite: HDFS 2113)</i>
HDFS 2433* Relationship Dev. and Marriage		HDFS 2523 Prof. Skills in Human Services <i>(Prerequisites: HDFS 1112, 2113)</i>
STAT 2013 Elementary Statistics <i>(Prerequisite: MATH 1483 or 1513)</i>		“H” (3) Humanities Course
or 2023 Elem Statistics for Business Econ <i>(Prerequisites: MATH 1483 or 1513)</i>		ELECT (4) Required Elective
or 2053 Elem Statistics for Social Sciences <i>(Prerequisite: MATH 1483 or 1513)</i>		HHP 2654 Applied Anatomy <i>(Prerequisite: BIOL1114)</i>
“N/L” (3) Natural Science with Lab <i>(BIOL 1114 suggested; required prerequisite)</i>		SPCH 2713 Intro to Speech Communication
(3) Course Designated “A, H, N, or S” <i>(HLTH2603 Total Wellness suggested; Required for HEPR minor)</i>		<b>16 Hours</b>
<b>15 Hours</b>		

Fall		Third Year	Spring		
HDFS	3423*	Adolescent Development (Prerequisite: HDFS 2113)	HDFS	3413	Infant and Child Development (Prerequisite: HDFS 2113)
HDFS	3443*	Family Dynamics (Prerequisite: HDFS 2113)	HDFS	3513	Research Methods (Prerequisites: STAT2013, 2023, 2053 or equivalent and ENGL3323)
HDFS	3123	Parenting (Prerequisite: HDFS 2113 or other lifespan development course)	ELECT	(3)	Required Elective
ENGL	3323	Technical Writing (Prerequisite: ENGL 1113 or 1213 or 1313 and junior standing)	ELECT	(3)	HLTH 3613 Community Health (Requires Consent of Instructor)
ELECT	(4)	Required Elective HHP 3114 Physiology of Exercise (Prerequisite: MATH1513)	ELECT	(3)	Required Elective HLTH 3643 Health Behavior Theory (Requires Consent of Instructor)
<b>16 Hours</b>			<b>15 Hours</b>		

Fall		Fourth Year	Spring		
HDFS	4413*	Adulthood and Aging (Prerequisite: HDFS 2113)	HDFS	4563	Internship in Child and Family Services I (Prerequisites: HDFS 1112, 2523, 4521, senior standing & consent of advisor & instructor)
HDFS	4433	Family Life Education (Prerequisites: HDFS 2113, 3123, senior standing)	HDFS	4572	Internship in Child and Family Services II (Prerequisites: HDFS 1112, 2523, 4521, senior standing & consent of advisor & instructor)
HDFS	4473	Policy, Law, and Advocacy (Prerequisites: HDFS 3513)	HDFS	4423*	Risk and Resilience (Prerequisite: HDFS 3443)
HDFS	4533	Critical Issues in HDFS (Prerequisite: senior standing)	HDFS	4713*	Family Resource Management (3) Course Designated "A, H, N, or S"
HDFS	4521	Pre-Internship (Prerequisites: HDFS 1112, 2523, HS 1112 or 3112 (or concurrent), senior standing & consent of advisor & instructor)	<b>14 Hours</b>		
ELECT	(3)	Controlled Elective (required for HEPR minor)			
<b>16 Hours</b>					

**NOTE: Required and Controlled electives from HWB Professional Track Advising Sheet and approved by Advisor. Students on the HWB track must declare a minor in HEPR – 26 hours. Must have one course designated with "I" International Dimension. Students are encouraged to take H/I course. Must have one course designated with "D" Diversity Dimension. HDFS2123 meets this requirement.**

\*Courses are offered on the Stillwater Campus during the following semesters:  
Fall: 2433, 3423, 3443, 4413      Spring: 4423, 4713

**Other Requirements:**

†Meets Certified Family Life Education national requirements.

\*40 hours must be upper-division.

\*\*A 2.50 Major GPA is required for graduation. This includes all courses in College/Departmental, Professional Track and Major Requirements.

\*\*\*See Professional Track Advising Sheets listing controlled electives. Some tracks may require more than 21 hours.

Transfer Admission Requirements: 2.00 GPA for less than 31 hours; 2.25 GPA for 31-45 hours; 2.50 GPA for more than 45 hours  
Additional State/OSU Requirements – At least 60 hours at a four-year institution; 30 hours completed at OSU; 15 of the final 30 or 50% of the upper-division hours in the major field completed at OSU. Limit of one-half of major course requirements as transfer work; one-fourth of hours earned by correspondence; 8 transfer correspondence hours. Students will be held responsible for degree requirements in effect at the time of matriculation and any changes that are made, so long as these changes do not result in semester credit hours being added or do not delay graduation. Degrees that follow this plan must be completed by the end of Summer 2022.

**Don't Forget...**

This is a four-year plan subject to modifications in curriculum(s) offerings and scheduling.

This plan is provided as a courtesy. The OFFICIAL degree requirements sheet is used to determine eligibility for graduation. Ask for an OFFICIAL degree requirements sheet at the time of first date of enrollment.

**May 2016**