



Co-Parenting for Resilience Kay County Resources

Mental/Behavioral Health:

- Edwin Fair Community Mental Health, 1500 N. 6th Street Ponca City, OK 74601. 580-762-7561
- 2nd Thursday—Kay County National Alliance on Mental Illness, 7pm. 201 East Chestnut Ave, Ponca City. The group welcomes anyone with a mental illness interested in support, education or advocacy for the mentally ill and their families. 580-765-2814.
- 1st Monday—Parent Voice Groups, support, education and resources to assist parents in advocating for their children who have behavioral or mental health issues 6-7:30pm 205 East Chestnut Ave Ponca City. Childcare and dinner provided, please RSVP 580-762-7561 Tammy or Deb.

Substance Abuse/Addictions:

- Hope Crisis Center, PO Box 2611, Ponca City, OK 74602-0741. 580-765-3555
- Ponca Tribal Social Development Center, 580-762-8104
- Every Monday- Gamblers Anonymous, 7 p.m., Woodlands Christian Church, 14th Street and Hartford Avenue. 580-761-1770.
- Every Monday—Gam-Anon for families and friends of compulsive gamblers 7pm Woodlands Christian Church 14th Street and Hartford Ave contact. 580-382-1950.
- Monday-Friday Daily—Alcoholic Anonymous Simple Steps, Harmony House 212 South 3rd Street Ponca City, OK.
- 2nd Wednesday—Kay County Substance Abuse Prevention Coalition 12pm. Eastern Heights Christian Church, 5100 Lake Road, Ponca City.
- Every Thursday—Open AA meeting 7pm Ponca Tribal Social Development Center, All Welcome.
- Daily—Principles before personalities, Narcotics Anonymous, 7pm, Harmony House 212 South 3rd Street Ponca City. Upstairs (use south entrance by parking lot).

Individual/Couple/Family Counseling:

- Edwin Fair Community Mental Health, 1500 N. 6th Street Ponca City, OK 74601. 580-762-7561
- 3rd Tuesday—Transitions, teen support group, helps teens in transition due to death, divorce, deployment or other loss, 6-7pm Hospice of North Central Oklahoma 1900 North Union St, Ponca City. 580-762-9102

Religious groups:

- Every Tuesday—Celebrate Recovery, a Christ-Centered Recovery program helping to heal all life's hurts, habits, and hang-ups. 6pm First Baptist Church 218 South 6th St Ponca City. 580-765-4427.
- Every Thursday—Celebrate Recovery for Anyone with hurts, habits, or hang-ups (That's all of us.) 6:16pm Otoe Baptist Church, Red Rock.

Family Violence:

- The Domestic Violence Program of North Central Oklahoma provides services to victims of domestic violence and sexual assault in North Central Oklahoma 580-762-2873

Information and Referral Services

- Information Referral (Local & Statewide) 2-1-1
- New Emergency Resource Agency (NERA) 580-765-5372 500 N 1st Ponca City, OK
- Okla. Area Wide Serv. Info. System (OASIS) 800-426-2747
- Smart Start Kay Co 580-765-9015