

# ***Local Resources Available***

## ***WASHITA COUNTY***

### **Health/Lifestyles**

WASHITA CO. OSU EXTENSION SERVICE  
125 W. Main, Cordell, OK 73632  
580-832-3356

- Co-Parenting for Resilience Classes
- Parenting & Child Development Information
- Nutrition Information
- Budgeting & Money Management Information

### DEPARTMENT OF HUMAN SERVICES

106 Lowber Lane, Cordell, OK 73632

580-832-3391 or 1-800-734-7519

- Temporary Assistance to Needy Families
- Food Stamps
- Daycare Assistance
- Medical Assistance
- Employment Assistance
- Social & Rehabilitative Services

### WESTERN OKLAHOMA FAMILY CARE CENTER

609 West E Avenue, Elk City, OK 73644

580-225-5500

- Financial Aid and Help Stabilize Economic Circumstances
- Utilities Bills assistance
- Clothing & Household Needs
- Optometry Program
- Dental & Medical Clinic
- Career Center
- Counseling

### COMMUNITY ACTION DEVELOPMENT CORPORATION

105 South Main, PO Box 989

Frederick, OK 73542

(580)335-5588

Toll free: 866-511-0938

- Emergency Assistance
- Referrals
- Voluntary Income Tax Assistance
- Rx Program
- Affordable Care Act
- Child Care

### CADC Sentinel Office:

122 South 3<sup>rd</sup> Street, Sentinel, Ok 73664

(580)393-2216

- Frozen Meals to Seniors and Persons with Disabilities

### FIRST CHOICE PREGNANCY CENTER

100 W College Ave., Weatherford OK 73096

580-772-7900

- Pregnancy Testing
- Parenting Classes
- Pre-natal Education
- Maternity Clothing, Baby Items, Baby Clothing, Diapers to Those in Need

### **Mental/Behavioral Health**

#### ACTION ASSOCIATES

10651 US Hwy 183, PO Box 1534,

Clinton OK 73601

580-323-8700 or hotline: 580-323-2604

- Individual & Family Counseling
- 24 Hour Crisis Hotline – 580-323-2604
- Services for Victims/Survivors of Domestic Violence, Sexual Assault, Stalking and Human Trafficking

#### MULTI-FAMILY YOUTH AND FAMILY SERVICES

600 Avant, PO Box 104

Clinton, OK 73601

580-323-3322

- Youth Shelter
- Youth & Family Counseling
- First Time Offender Program
- Community at Risk Services
- Parent Assistance Center
- Intervention Services for Juveniles

#### GREAT PLAINS YOUTH AND FAMILY SERVICES, INC.

901 S. Broadway Ave. Hobart, OK 73651

(580)726-3383 or 1-888-296-6735

- Parenting Skills Training
- Coping – Social Skills
- Mentoring
- Emergency Shelter Homes
- Abuse Issues
- Drug Abuse
- Addiction Information and Treatment
- Child Care Resource & Referral

#### RED ROCK BEHAVIORAL HEALTH

70 N 31<sup>st</sup>, P O Box 609, Clinton OK 73601

580-323-6021

- Mental Health Screening & Assessment
- Crisis Intervention
- Individual & Family Counseling
- Group Counseling
- Psychological Testing

## **Substance Abuse/Addictions**

### ALCOHOLICS ANONYMOUS

- Group Counseling

#### Cordell Group

N College St. & 4<sup>th</sup> Street, Cordell 73632

Church of Christ

Meets Tues at 7:00pm and Sat at noon

#### New Leaf Group

205 Highway 44, Burns Flat, OK 73624

Cumberland Presbyterian Church

Meets Tues, Friday, Saturday at 7:00pm

#### Broad Highway Group

310 Pueblo Trail, Burns Flat, OK 73624

Meets Wed at 8:00pm

#### Dill City Group

815 Roach Street, Dill City, 73641

Meets Mon, Thurs at 8:00pm

## **Food Bank**

### JUDAH FOOD BANK

312 N Glenn English, Cordell, OK 73632

(580)832-2150