Where has the time gone? It is already 2019 and new year’s resolutions have been made and maybe some even broken. Time to start the new state goals, I hope that you had fun working on your reports and filling out nomination forms. I’m eager to see new faces on the State Board. We have exciting things coming in 2019, cruise comes to mind. I already have my outfits picked out.

My focus for my term as president has and will be finding a way to approach people about OHCE that will be a universal way to share our mission. This is challenging and is taking time. This all goes back to the CHANGE aspect of things. New generations with different ways of looking at things and doing things. People being busy, technology and social media being used for everything. But with focus we will come up with a statement that will reach everyone. With your help and input we can develop this statement faster. Please share your ideas with me. And if you know someone in advertising or you yourself has been in advertising, PLEASE come find me.

I have enjoyed my travels across this great state to visit the different counties. I have learned so much from each one. I have meet new people and have encouraged a few to be on state committees. There are counties left for me to visit so make sure you let me know when the meetings are, so I can visit. If you are on Facebook, I created a president’s page for messages and a place to share events. Look for OHCE State President updates and information page and join. You can also invite other OHCE members to be on the page.

I am looking forward to seeing everyone at the district meetings in March. I will be doing a workshop on navigating the OHCE website. All county presidents are encouraged to attend. There may be helpful tips to help you in your position. Or you guys may have some tips for me. Enjoy your new year. Blessings to all.

Leslye Owen
OHCE State President
Southeast District Meeting
March 19, 2019
Rector Johnson Middle School
Broken Bow, OK

It is time to mark your calendars for the SE District Meeting to be held March 19, 2019, at the Rector Johnson Middle School, located at Rector Johnson Rd and James Butler Dr., in Broken Bow, Oklahoma. Our theme for this year is “Mad About OHCE”. The hosting counties are Atoka, Choctaw, Coal and McCurtain.

Registration of $20.00 is due by February 19, 2019. The registration fee includes morning refreshments and a catered lunch. There will be a $5 late registration fee for registrations received between February 19 and March 1. Fees received after March 1 or at the door will not guarantee a meal at lunch.

Your day will begin with registration and refreshments at 8:15 a.m. which includes cinnamon rolls from the Wheatheart Commission. Registration will be followed by our business meeting at 9:00 a.m. Three workshop sessions are planned. State officer and committee workshops will be held in Session I and will include: Navigating the OHCE Website, Go Red for Women, Master Volunteering, Cents You Ask, Senior Self-Defense, Aging-Kick It in Gear, Just a Minute(s), Recruit-Recruit-Recruit, AARP, Trips on a Tankful and Working on Awards & Reports. More fun and informative workshops begin after lunch in Sessions II and III including; Fabric Origami, Button-Beads & Bling, Photo Notecards, Organized Christmas, Choctaw Code Talkers of WWI/WWII and Bread Shaping is an Art, to name a few. Some workshops will be repeated, giving more members an opportunity to attend. Our day will end after Session III about 3:30 p.m. Also, don’t forget we will be having a silent auction, so come prepared to bid on one or more of the gift baskets available.

We look forward to seeing you …. Let’s all get “Mad About OHCE!” The Wonderland of OHCE is out there for us all to experience.

Please send one check for your county made payable to "OHCE SE District Meeting". Please mail to: Pat Wilson, 610 SE Ave. G, Idabel, OK 74745

Pat Chapman, SE District Rep.

P.S. SE 2019 District Meeting Quilt Raffle to raise money for 2020 SE Meeting. 100 tickets are sold for $10 each. ONLY 100 tickets are available. We will begin to draw tickets and post on the board at lunch, 75 tickets will be drawn at that time. The rest of the 25 tickets will be drawn at the end of the day. Last ticket drawn will win the Quilt.
North East District Meeting

The Northeast District Meeting will be held March 26, 2019 at Sequoyah Lodge in the beautiful Sequoyah State Park near Hulbert, Oklahoma. Activities at the park include full-hookup campgrounds, golf, hiking, lighted tennis and basketball courts, volley ball, hayrides, stables and a marina with boat rentals. You may want to bring the family and extend your stay.

The theme of the 2019 NE District Meeting is "All Trails Lead to OHCE". The word Trail reminds us of the arrival of the Cherokees and other immigrants into Indian Territory to make a new home. With home, community and education in mind they flourished in this new land. Everyone map out your trail and be ready to head this way to the Sequoyah Lodge to share ideas and learn new ones for making our homes and communities better. There will be workshops on quilting, vinyl cutting, brain games, women's safety, learning to read body language, grown for you, pressure cooker/instant pot, Oklahoma grown plants, vinyl cutting, aging and eyes, Cherokee Nation cultural arts/crafts and quilting as well as the state board and officer workshops.

The meeting will conclude with a drawing for a $100 bill. Be sure and watch for information to register ($20) with your county treasurer before March 8th. We look forward to seeing you at Sequoyah Lodge, 19808 Park 10, Hulbert, OK 74441.

Mildred Taylor,
North District East Region District Representative

ALL TRAILS LEAD TO OHCE
AWARDS & REPORT CHAIRS

Awards and reports folders are beginning to arrive at my house. The next few weeks should bring a whole lot more to my door. By the time you read this, the deadline will be past us and the judging time for member awards will have begun. I look forward to sharing the results with you at each of the district meetings.

At the district meetings, I will also have the committee report books ready to hand over to each of the state committee chairmen. If the chairman or a representative cannot attend their district meeting, please let me know as soon as possible. Otherwise, please find me at the meeting so I can hand off the reports to you. Please review them and bring them with you to the state evaluation meeting, which will be held on May 3rd at the Oklahoma County Extension Center. This is the meeting where state committees will judge and choose the winning report books.

State committee chairs should now contact all their committee members to make sure they are informed about the May 3rd meeting and that they plan to attend and take part in evaluating the report books for your committee. Further instructions and additional help will be available at that meeting.

I look forward to seeing you at the District meetings! Stay warm and don’t blow away in these strong winds we’ve been having.

Best regards,
Sandy Pogue
Awards & Reports Chair

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Goodness!

The new year has begun and the 2019 State Goals have begun as well. In March, many State Goal committee chairs and members will be presenting workshops at the various District Meetings around the state, so plan to take advantage of these and attend the ones in your district.

Planning is well underway for the 2019 Annual State Conference. The theme is: “OHCE – Your Passport to the Journey of a Lifetime!” We will gather again at the Embassy Suites Downtown in Oklahoma City on July 7th, 8th, and 9th, 2019. Come prepared for lots of fun and many opportunities to learn something new. There will be a fun Sunday workshop in the afternoon, three workshop sessions on Monday, and two workshop sessions on Tuesday.

Just so everyone can plan ahead, the registration fee this year will $120.00. The hotel room rates are as follows:

- $95.00 single
- $100.00 double
- $110.00 triple
- $120.00 quad

For your convenience, credit cards will be accepted for registration. We will be working to get online registration ready by the March meetings. That information and more about the State Conference will be available at all four District Meetings.

I will be at each District Meeting and look forward to seeing everyone there. That is one of the best parts about being Vice President – I get to meet and visit with so many members across the state. I look forward to being with all of you in March!

Kathy Fentress
OHCE State Vice-President for Program

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I am finally getting back to normal since I moved to McAlester Ok. I am now a member of the Pittsburg County Northtown OHCE Group in McAlester, and am enjoying getting to know everyone. I want to thank Rachel Lockwood Pittsburg County Extension Educator for her warm welcome.

A Resource Management Workshop will be given at all the District Meetings. Cindy Clampet, Gina Peek and Janice Herman will present “Aging – Kick It in Gear”. This program will also be a State lesson. Also, there is a possibility to have a Recycling Workshop at the State meeting.

I will be attending the Southeast District Meeting and hope to see all of you there.

Viola Allen
Resource Management Chair

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I am so excited for our 1st OHCE Cruise. I am pleased to announce we have a total of 74 members/guests that have signed up to cruise with us. If you have signed up to go on the cruise please check your e-mails. I will be putting OHCE Cruise on the subject line so you will not think it is not important and delete it without opening it. Very important information will be sent out through these e-mails. There will be lots of surprises and prizes on top of loads of fun for all and memories to be made.

Debbie Mote
Cruise Coordinator
From Your OHCE Nominating Chair

I hope you all are enjoying a wonderful New Year! It is time to apply or reapply for the following Odd Year positions at the OHCE State Level.

- Elected Positions
  - Vice President for Program
  - President Elect
  - Treasurer Elect
- Appointed Positions
  - Awards Chair
- Appointed Committee Chair and members (one from each district) to be filled are:
  - Family Issues
  - Resource Management

Please find the requirements for these positions in Section 10 of the Policy Book. The Policy Book can be found in your county OHCE (OSU Cooperative Extension) office or on the web @oghce.okstate.edu under Resources – page down to Policy Book. The forms can be found also under Resources – page down to Forms.

Serving at the State Level is an honor and an opportunity to further your leadership skills. It is a wonderful opportunity to connect with OHCE Members from across the state. Please consider serving our great organization at the state level.

If you have any questions feel free to call me at 580-336-8860 or e-mail me at ddmote@hotmail.com.

Thank you for considering this important option.

Sincerely,
Debbie Mote, Nominating Chair
Send completed copies to
Debbie Mote State OHCE Advisor
State Nominating Chair 135 HES
P.O. Box 94 Okla. State University
Morrison, OK 73061 Stillwater, OK 74078

Ruth Buxton Sayre Scholarship

Ruth Buxton Sayre was known as the “First Lady of the Farm” and inspired millions of rural women around the world to improve themselves and their communities with her practicality, humor, decency, and common sense. As a young farm mother, she began her life work in striving for better conditions for farm women and their families by organizing her neighbors for college extension classes. She earned high posts in state, national and international organizations and served as ACWW President from 1947-1953.

Country Women's Council USA, offers a Ruth B. Sayre Memorial Scholarship each year to a woman who is a legal resident of the USA, who shows a financial need, and who has the ability to complete her education.

Application with attachments must be submitted, reviewed, and signed by the state OHCE president. The Scholarship recipient or recipients shall be paid up to the amount of $500 for a year's period of study, the money to be sent to the educational institution she is attending for tuition and/or books. The recipients may apply the succeeding year.

Donations are accepted for the furtherance of educational development of American women.


The deadline for submission is March 1st.

Javonna Earsom, CWC USA Treasurer

Country Women Council and Associated Country Women of the World Update

In September, Javonna Earsom and I represented OHCE at the CWC (Country Women Council) Meeting in Iowa. I went as your voting delegate in the absence of our OHCE State President. Leslye was unable to go due to her husband having surgery and she was needed at home.

At this meeting I was elected as the incoming Vice Chairman taking office in January of 2019. Javonna has graciously stepped up to finish out the duties of our CWC Treasurer who resigned her position.

We all need to become more familiar with CWC and ACWW as we do support these organizations and are members of both.

The Triennial will be held in April of 2019 in Melbourne, Australia. I will be going and casting our vote for the elections. This is an important time as we will be gaining a new World President, and our USA Area President, along with other offices.

Debbie Mote

TRIPS ON A TANKFUL

I hope everyone is planning to attend their District Meetings. Stacy Tomas and Steve Ruby, Extension Specialist will be giving a workshop at all 4 District Meetings called Trips on a Tankful. There are so many interesting places to travel throughout our State. I think you will enjoy this workshop.

Linda Swindler
Cultural Enrichment Chair
OHCE 50, 60, 70 YEAR MEMBERSHIP CERTIFICATES

Each year at the OHCE State Meeting certificates are given to OHCE Members who have been members for 50, 60, 70 years and to OHCE groups that have been groups for 50, 60, 70 years. There are forms on OHCE website to complete and send to State Membership Chairman and to OHCE State Advisor. You can also obtain these forms from your Extension Educator. Forms are due April 1, 2019. If your groups are 80, 90 or 100 years old set the 50 year form, mark through the 50 and put the number of years you have been a group. Carefully fill in month and year you joined and when the group was formed. Applicants may only be recognized once in each of the categories. Applicants who meet the criteria will be recognized at the OHCE Meeting in July. OHCE looks forward to honoring these members and groups.

Dee Porter
OHCE State Membership Chair

OHCE OUTREACH VOLUME 28 NUMBER 1 SPRING 2019

LDCE GRANT APPLICATION INFORMATION

The Leadership Development Citizen Engagement (LDCE) committee offers you/ or your group an opportunity to fund that special project or training for leadership development. LDCE grants are open ended with a maximum of $1500.

Proposed project must clearly indicate how leaders will be developed and/or how community projects will increase citizen involvement in addressing local problems. Criteria to consider before applying for LDCE grants: (1) applications must clearly state need for the project, (2) provide evidence that leaders have emerged through this project,(3) define collaborative activities and(4) project impact of leadership development and/or citizen involvement resulting in personal or community improvement.

LDCE and the Ambassadors have similar requirements and will host a joint Workshop during the OHCE State Meeting in early July. At that time additional details will be share as well as a Question and Answer period.

Marie Jones
Leadership Development Chair

2019 STATE PROJECT:
Women's Health Education

Women’s Heart Attack & Stroke, Prevention Care and Symptoms:

I hope you will attend the Lessons at District and State meetings to learn more about heart attack and stroke symptoms. Please continue making the heart shaped pillows for heart patients and donate them to Heart Hospitals, or regular hospitals, at emergency rooms or surgery depts. And outpatient clinics or friends.

Let’s have another pillow contest: soft fabric, same pattern, since it is heart shaped, but without the elastic. Donations should be made and totals turned into me by June 1st. Recognition will be given at the State meeting to the 1st, 2nd and 3rd place counties with the most pillows.

I am looking forward to seeing all the reports on Women’s Cancer. And looking forward to seeing all of you at District and State meetings.

Thanks, Marilyn Gibson
State Project Chair

Please remember, if you receive your newsletter via email, you have saved our state money! (Also, if you receive your newsletter by email, you will receive it before members that receive hard copies, and you may view and print in color.) We make every effort to ensure that each of our members receive the newsletter in the manner they requested. If you so not receive it correctly or would like to change your selection, please send me your correction, along with your County, Group and full name. I am fairly new at this position, and have and will make mistakes. Thank you for your patience. You may notify me at one of the following:

E-Mail: ohceeditor@gmail.com
Address: 6520 Alameda St, Norman, OK 73026
Phone: 405-760-8388
# Oklahoma Home and Community Education 2019 Calendar of Events

<table>
<thead>
<tr>
<th>Month</th>
<th>Day(s)</th>
<th>Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>January</td>
<td>1</td>
<td>OHCE State fiscal year begins</td>
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<tr>
<td></td>
<td>25</td>
<td>Deadline for February Outreach</td>
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<tr>
<td>February</td>
<td>1</td>
<td>Annual Award Nominee completed forms to State Awards Chair</td>
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<tr>
<td></td>
<td>15</td>
<td>Nomination forms for state offices due to State Nominating Committee Chair</td>
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<td></td>
<td></td>
<td>State Nominating Committee evaluates qualification forms for state board positions</td>
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<tr>
<td>March</td>
<td>19</td>
<td>SE District Meeting Broken Bow Middle School, Broken Bow</td>
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<td>23</td>
<td>Western District North Region District Meeting, Guymon High school, Guymon</td>
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<td>26</td>
<td>NE District Meeting Sequoyah lodge near Hulbert Ok</td>
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<td>29</td>
<td>Western District South Region, District Meeting Weatherford Church of Christ, Weatherford Ok</td>
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<td>April</td>
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<td>Deadline for 50, 60, 70 year members to Membership Chair</td>
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<td>4-10</td>
<td>OEAFC Annual Awards Banquet – Cultural Enrichment Chair presents Norma Brumbaugh Awards (exact date for Awards Banquet TBD)</td>
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<td>16, 17, or 18</td>
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<td></td>
<td>24</td>
<td>Deadline for May Outreach</td>
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<td>May</td>
<td>2-3</td>
<td>Board Meeting and Awards Book Evaluation Selections</td>
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<td>5-11</td>
<td>OHCE Week</td>
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<td>June</td>
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<td>Deadline for OHCE Week Reports to Membership Chair</td>
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<td>July</td>
<td>1</td>
<td>Cut off for receiving 2019 state dues</td>
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<td>7-9</td>
<td>84th Annual OHCE State Meeting, Embassy Suites/Downtown, OKC</td>
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<td>9</td>
<td>New OHCE Board members and appointees begin duties</td>
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<td>August</td>
<td>1-2</td>
<td>OHCE Board Meeting – Goal Planning Session, Stillwater. Back up date is Aug 8-9. Check back for final date.</td>
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<td>or 8-9</td>
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<td>24</td>
<td>Deadline for September Outreach</td>
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<td>September</td>
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<td>County Presidents review state officer and committee qualification forms, encourage members to serve on State Board</td>
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<td></td>
<td>15</td>
<td>2020 State Goals published and sent to counties</td>
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<tr>
<td>October</td>
<td>1</td>
<td>County Treasurer collects 2020 dues, $12.50 per member</td>
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<td>November</td>
<td>1</td>
<td>Deadline for County Treasurers to collect 2020 dues to be sent to State Treasurer with updated Membership Roster</td>
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<tr>
<td>December</td>
<td>1</td>
<td>State Treasurer prepares books for tax preparation</td>
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<td>31</td>
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