96% learned new ways to be an effective parent during and after the divorce

Co-Parenting for Resilience provides divorcing parents with insights, strategies, and skills necessary to help reduce stress and conflict associated with divorce and to promote adjustment and resilience among their children. This program fulfills the requirements of HB2249.

31% increase ability to participate in physical activity

Keep moving with Arthritis is a program designed to improve movement without risk of injury, so Oklahomans can continue daily activities with minimal difficulty.

29% improvement in vegetable consumption

The OrganWise Guys helps kids to make healthy and smart food choices, and to increase physical activities in their daily lives.

27% improvement in fruit consumption

24% increase in physical activity

33% reduction in school absences

Juntos (Together) for a better education reduces high school dropout rates, and increases academic achievement and college enrollment among Oklahoma’s Latino youth. The program increases parental engagement in school, youth motivation and self-efficacy, and positive peer affiliations.

21% increased their confidence and ability to parent

Active Parenting class participants improved their parenting skills, reduced their risk of separation and/or divorce and strengthened their relationships.

54% increase in plans to use safe food handling practices

Food Safety Programs taught Oklahomans how to handle, prepare, preserve, and store food safely to avoid illness and prevent food waste.
84% of participants plan to regularly make a written spending plan and track income and spending.

Making Sense of Money Management helps Oklahomans control how they spend their money by setting financial goals.

386 Oklahomans pledged to create emergency kits.

Building a Kit on a Budget works to increase the number of Oklahomans prepared for emergencies. Families who have developed emergency kits and emergency plans will be better prepared to mitigate loss.

OKLAHOMA HOME & COMMUNITY EDUCATION, INC (OHCE)

OHCE raised funds for scholarships and community service projects.

OHCE provided programs for young readers to increase literacy among children.

OHCE groups helped to reduce hunger among Oklahomans through volunteering and donating to local food banks, and through programs such as “Drive by Fruiting” (designed to help elderly and home-bound Oklahomans by delivering fresh fruits and vegetables).

OHCE has a total of 3,787 members in 74 counties in Oklahoma.