



2013 Outcomes

Oklahoma Cooperative Extension Service
Family & Consumer Sciences

GOAL

CRITICAL TRENDS

EXTENSION RESPONSE

REDUCE HUNGER

- 1 in 14 Oklahomans experienced hunger because the household lacked money and other resources for food
- SNAP has reached an all-time high of 618,624 persons; 23% of Oklahoma's population

- 81% increase in those who plan to use money saving meal planning or food shopping practices
- 16% increase in those who plan to not run out of money for food
- 71% increase in those who plan to grow, produce, hunt or fish for some of their own food

IMPROVE HEALTH

Oklahoma ranks:

- 7th most obese state
- 11th for adult heart disease
- 8th for hypertension
- 7th for diabetes
- Total annual health-related costs of food borne illness in Oklahoma is \$1.7 million

- 25% increase in adults planning to cook meals at home
- 75% increase in adults planning to use simple recipes to cook food
- 30% increase in youth planning to eat a serving of fruit 2 or more times a day
- 50% increase in youth planning to eat or drink a serving of calcium-rich foods 2 or 3 times each day

PROTECT THE ENVIRONMENT

- In Oklahoma, 50% of households don't have access to recycling programs
- Oklahoma ranks 11th in highest energy use per capita

- Programs created to decrease food and packaging waste and reuse disposable product packaging
- OHCE program created including 8 different projects that incorporate items that would have been thrown away and upcycles those into useful items
- Educated students to think about waste and how to reduce waste and relay this information to family and friends in the community

INCREASE SAFETY

- 14% of Oklahoma's population is age 65 years and older; 10% live alone
- 1 out of 3 adults age 65 and older fall each year
- Between 15 and 30% of American farm operators and farm workers have physical disabilities

- 46% of the pledge participants created disaster preparedness kits across 9 counties
- Farm Safety/Tractor Safety presented to over 200 youth to increase safety in their homes, farms and communities

For information about our educational programs, contact your local county extension office and visit:

<http://www.fcs.okstate.edu>

FAMILY & CONSUMER SCIENCES

Creating Healthy & Sustainable Families



Education You Can Trust

GOAL

CRITICAL TRENDS

EXTENSION RESPONSE

IMPROVE FINANCES

- 17.2% of Oklahomans live in poverty
- 24.1% of children in Oklahoma live in poverty
- Oklahoma has one of the highest student loan default rates in the nation

- 13% increase in adults planning to regularly track income and spending
- 43% increase in adults who plan to regularly track income and spending
- 76% increase in youth caution in how money is spent
- 55% increase in youth understanding it costs money to make money

INCREASE JOBS & EMPLOYMENT

- Over the past 12 months the economy has added less than 22,000 jobs in reach for the 1,578,100 jobs Oklahoma had before the recession
- 10% of 16-34 year olds are not hired because of inappropriate social media activities
- Unemployment rate in Oklahoma is 5.3%

- PRIDE Program has increased community action to develop assets that support employment and economic opportunities as well as increased readiness for employment opportunities.
- Second Time Around: Grandparents Raising Grandchildren - participants have received support and information that have enabled them to find ways to make extra money from home.

REDUCE RISKY BEHAVIORS

- 6,400 babies are born to school-age teens
- 1 in 2 sexually active young people will get an STD by age 25
- Teens represent 13% of all drivers involved in crashes; 8.2% of those crashes involved alcohol-related driver conditions
- Bullying is a widespread problem with youth

- “While presenting the Take A Stand curriculum, a 2nd grade student told a story about being bullied. During the story he described how he was picked on every day and it wouldn’t stop. After the program was complete, he came up to me and said that now he knows that he should ask the bully to stop, walk away, and then tell an adult if the bully doesn’t stop.”

REDUCE FAMILY BREAKDOWN

- Oklahoma ranks among the top 5 in all states of number of divorces
- 82% of adults have been married but 32% of adults have also been divorced
- Children of divorced parents have lower grades, more likely to be held back, and are more likely to drop out of high school

- “I was approached by a client who told me after he had participated in Co-Parenting For Resilience the judge had awarded him sole custody of his child.”
- 73.4% parents motivated to change behavior towards co-parent
- 81.9% parents found new ways to be effective during and after a divorce through Co-Parenting program
- 53.4% divorcing couples agreed they would consider a program to work out their problems and save their marriage

IMPROVE RESILIENCE

- 9,842 cases of child abuse were substantiated in Oklahoma in 2012
- 26,106 children had an incarcerated parent in 2011

- 75% increase in belief that parents should give their children choices instead of telling them what to do
- More than 50% of Active Parenting Now participants in Pushmataha County now have some type of custodial visitation with their children

