

Wishing you Season's Greetings and a Happy 2014
Year in Review- Family & Consumer Sciences
2013

College of Human Sciences faculty attend Engaged Scholarship Consortium



Family and Consumer Sciences Extension Specialists Dr. Ron Cox (Human Development and Family Science), Dr. Gina Peek (Design, Housing and Merchandising) and Dr. Lupita Fabregas (Nutritional Sciences) were selected by the international Engagement Scholarship Consortium to participate in the 2013 Emerging Engagement Scholars Workshop. This is the first time in the history of this prestigious workshop that Oklahoma State University has faculty selected to participate.

DR. JENNIFER HAYS-GRUDO TO LEAD HUMAN DEVELOPMENT AND FAMILY SCIENCE DEPARTMENT

The College of Human Sciences has announced Jennifer Hays-Grudo, Ph.D. is the new department head of Human Development and Family Science. Before coming to OSU, Dr. Hays-Grudo was the George Kaiser Family Foundation Chair in Community Medicine at the University of Oklahoma's School of Community Medicine in Tulsa where she conducted research on social determinants of health.



WILLIAMS NAMED INTERIM-DIRECTOR FOR THE SCHOOL OF HOTEL AND RESTAURANT ADMINISTRATION

Sue E. Williams, PH.D., has been named interim-director of The School of Hotel and Restaurant Administration. In making the announcement, College of Human Sciences Dean Stephan Wilson said Dr. Williams will work with HRAD faculty and industry partners to enhance the excellence demonstrated by the School during its rich history.



family

nutrition

finance



College of Human Sciences announces Family and Consumer Sciences degree option



Health and wellness, financial security, housing and relationships are important issues families face today. Tools and resources to help families make informed decisions are needed. Family and Consumer Sciences education professionals in secondary schools and the Cooperative Extension Service provide the research-based knowledge required to achieve the sustainable quality of life. The field represents many areas, including lifespan of human development, finance, apparel and interior design, housing, merchandising, nutritional sciences, wellness, hospitality and career and technical education. Seeing the need to address a shortage of Family and Consumer Sciences professionals, the College of Human Sciences at Oklahoma State University has launched the Family and Consumer Sciences education program. To lead the new degree option, Paula Tripp, Ph.D. has been hired as an associate professor in the human development and family science department.

Vice President of DASNR Retires

Dr. Bob Whitson's seven-year tenure as Dean and Vice President of the Division of Agriculture and Natural Resources at Oklahoma State University drew to a close with his retirement July 31, 2012. Dr. Mike Woods has been serving as Interim Vice President, Dean and Director and as vice president/director of the two state agencies administered through the division: the Oklahoma Agricultural Experiment Station and the Oklahoma Cooperative Extension Service. A search committee has been formed to find a successor.



Dr. Robert Whitson



Dr. Mike Woods

Fábregas Selected for Multicultural and Community Engagement Role



The College of Human Sciences has named Dr. Lupita Fábregas to be its first ever faculty member to serve as a multicultural and community engagement specialist. Dr. Fábregas will work with the four academic areas of the college – design, housing and merchandising; human development and family science; nutritional sciences and hotel and restaurant administration – and the Oklahoma Cooperative Extension Service to develop multicultural competencies and expand our diversity efforts.

Collaborating with internship coordinators and county Extension educators, Fábregas will make opportunities for internships and service learning activities known to Human Sciences students. She will also work to increase multicultural competencies of faculty, staff and students. Dr. Fábregas will also develop strategies to recruit, retain and develop minority students and build relations with underrepresented groups.

Enhancing our Research Capacity in Extension

All FCS County extension educators are now certified by OSU to conduct program evaluation with research implications. The university's Institutional Review Board created a training protocol specifically for Oklahoma Extension County Educators. Through the online program, educators received the required training on history and ethics principles, assessing risk in research, and informed consent. Educators had their choice of one of three elective modules: research with children, internet research, or students in research.

New and Revamped Websites

We are excited to announce a brand new website for **CE-FCS Ambassadors** <https://ambassadors.okstate.edu/>. This is a great addition to the efforts to increase visibility and the number of Ambassadors. We have included final grant reports in a web archive so we will be able to brag about the successes you have had because of the funds you received from Ambassadors.

We have also assisted the **Oklahoma Home and Community Education** group in creating a new website <http://ohce.okstate.edu/>. The site includes county and state resources along with a promotional video.

We have revamped the FCS website <http://fcs.okstate.edu/> for easier use. In this site you can find a calendar of all programs we offer. You can also follow us on Facebook and Twitter.

FCS IMPACT STATEMENTS

The Community Nutrition Education Programs (CNEP) program teaches nutrition and food budgeting and in 2012 provided help to 2,368 low-income families and 29,777 youth, affecting the lives of more than 37,636 Oklahomans. In program evaluations, 96 percent of program graduates reported positive behavior changes in diet-related behavior, and an additional 415 of adult program participants reported fewer instances of running out of food before the end of the month.

Co-Parenting Through Divorce program focuses on teaching parents how to reduce the effects of divorce on their children and work on their relationships in a positive way. In 2012, Co-Parenting Through Divorce reached nearly 1,500 parents throughout the state. Oklahoma judges appreciate having the resource and the course has become a part of the process of getting a divorce in many areas of the state.

Extension Disaster Education Network (EDEN) Family Preparedness curriculum uses novel techniques to help Oklahomans overcome financial, time, and motivation barriers to emergency preparedness. Consumers are learning to shop in their own home to prepare emergency kits from items they have on hand and to identify a safe place in or near their home where they can take shelter before emergency conditions arrive.

The Reality Check program is an interactive, hands-on financial education program, where young people participate in occupational and lifestyle simulations to become aware of basic skills in financial planning, goal setting, decision making and career planning.

Making Sense of Money Management resulted in a 40% decline in bogus check writing in the first three years in selected counties. Completion of the program waives the \$198 bogus check fine for the participant. This program has been expanded and is supported by 4 judges and 2 District Attorneys. The program prevents incarceration of the fraudulent check writers. In addition, the court waives the \$198 fee for participants who complete the program. During 2012, 141 participants completed the class reflecting a savings to them of \$27,918.

ISSUE TEAMS

Family and Consumer Sciences Extension Educators work through statewide issue teams to address the issues of Environmental Degradation, Family Resilience, Financial Readiness, Health, Hunger, Jobs and Employment, Risky Behaviors, and Safety. A few program examples are listed below. For more information check out our website <http://www.fcs.okstate.edu/issueteams>.

Financial Readiness

- Reality Check: Helping the Next Generation of Oklahomans
- Making Sense of Money Management

Health

- The OrganWise Guys
- Farm to You: Teaching Science to Our Youth

Hunger

- Community Nutrition Education Programs: Fighting Hunger

Safety

- Extension Disaster Education Network Family Preparedness

Jobs & Employment

- AgrAbility

Family Resilience

- Co-Parenting Through Divorce
- Active Parenting

Additional Initiatives

Recycling, home food preservation and home energy management are part of the scope of work for the Environment team. Other programs focusing on parenting, bullying, character development, & high school graduation rates are part of the scope of work for the Risky Behaviors & Resilience teams.



Jorge Atiles, Ph.D. Associate Dean, Extension and Engagement, Professor
Provides expertise in:
 Program development, program evaluation, strategic planning, fund development, organization and staff development.



Deana Hildebrand, Ph.D.
 Associate Professor
 Maternal and Child Nutrition, Extension Specialist
Provides expertise in:
 Maternal and child nutrition. Leads Health issue team.



Barbara Brown, Ph.D., Food Specialist
 Associate Professor
Provides expertise in:
 Food safety, home food preservation, family and consumer food preparation and choices for healthy lifestyles, food labeling, consumer food issues and trends, and water quality. Leads Environment issue team.



Laura Hubbs-Tait, Ph.D.
 Regents Professor
Provides expertise in:
 Early childhood development and parenting. Leads Resilience issue team.



Ronald Cox, Jr., Ph.D.
 Assistant Professor
 Family Science, Extension Specialist
Provides expertise in:
 Program evaluation and outcomes, parenting, marriage and interpersonal relationships, prevention and treatment of adolescent substance use, culturally appropriate interventions for Latino families. Leads Risky Behaviors issue team.



Jan Johnston, Ph.D.
 Associate Professor
 Gerontology, Extension Specialist
Provides expertise in:
 Aging families and intergenerational relationships; ethics and decision-making in family caregiving; aging-in-place and older adults' wellbeing; rural poverty and aging. Leads Jobs & Employment issue team.

Debra Foster, M.S.
 CNEP/ONE Coordinator
Provides expertise in:
 Expanded Food and Nutrition Education Program (EFNEP) and the Oklahoma Nutrition Education (ONE) Program. Both programs provide nutrition education to limited income families/households and are designed to coach for behavior change. Leads Agri-Science issue team.



Sissy Osteen, Ph.D.
 Resource Management Specialist
 Associate Professor
Provides expertise in:
 Resource management and decision making including home buying and homeownership issues, budgeting, consumer credit management, and money management for individuals and families. Leads Finance issue team.

Janice Hermann, Ph.D., R.D./L.D.
 Nutrition Education Specialist
 Associate Dept Head/Professor
Provides expertise in:
 Nutrition basics (carbohydrate, protein, fat, vitamins and minerals), nutrition through the lifecycle with a particular emphasis in nutrition on aging, and nutrition in health (heart disease, hypertension, cancer, osteoporosis, diabetes, weight management, allergies, and drug-nutrient interactions). Leads Hunger issue team.



Gina Peek Ph.D.
 Assistant Professor, Housing and Consumer Specialist
Provides expertise in:
 The role of built and natural environment in people's lives. Teaching consumers to manage household demands on natural resources most efficiently. Leads Safety issue team.

First year that all Human Sciences Academic Units have faculty with Extension Responsibilities

We are happy to share that the following faculty have dedicated a small portion of their faculty appointments to work in specific areas of Extension programming. They are currently preparing needs assessment tools to work with county educators in identifying the most pressing needs within their areas of expertise. They will develop curricula and fact sheets in coordination with educators to reach out to Oklahoma families, youth, communities and businesses.



David Davis, from Hotel & Restaurant Administration, studies behaviors in regards to pricing, organizational actions and leadership. By striving to understand people and their choices he will enlighten the industry to have a stronger impact on people and the economy.



Dr. Adriana Petrova, from Design Housing and Merchandising, program of scholarship focuses on two primary areas: Performance and fit evaluation of personal protective clothing, and creating and analyzing body and garment sizing systems.



Steve Ruby, Hotel & Restaurant Administration, dedicated to providing quality, experiential learning for our program and how those opportunities can help service the hospitality industry as well as the community. As an attorney, he also maintains an interest in general legal research and human resources issues.



Dr. Whitney Bailey is an Associate Professor and the Bryan Close Endowed Professor in Adulthood and Aging in the Department of Human Development and Family Science. Her focus is on family caregiving of older adults and end of life decision making. Through her work, she evaluates and works to improve the ways in which older persons experience medical, social, government, and family systems.



Dr. Mary Ruppert-Stroescu, from Design Housing and Merchandising, is a designer and product development specialist; she is focusing on the needs of the military, eldercare and functional occupational uses such as for agricultural workers. Her creative scholarship includes fabricating textiles, exploring the relationship of the fabric to the form and collection development.



Dr. Matt Brosi, is an Associate Professor from Human Development and Family Science. His clinical and extension/outreach efforts entail work within the area of mediation and co-parenting through divorce. His also serves as the director for the Center for Family Services, the training clinic for the marriage and family therapy program. Leads the Family Breakdown issue team.



Recia Garcia has retired after 35 years dedicated to the citizens of Oklahoma.



Eileen St. Pierre, Personal Finance Specialist has left to do consulting in personal finance.