



OKLAHOMA COOPERATIVE EXTENSION SERVICE



Hunger Issue Team

The Hunger Issue Team is dedicated to working towards reducing the number of Oklahomans experiencing hunger.



Individual Outcomes:

Increase:

- Food money management practices
- Money saving meal planning or food shopping practices
- Meals prepared at home & food cooking skills
- Safe food handling and storage practices
- Safe and effective food preservation practices
- Growing, producing, hunting or fishing for food

As well as:

- Reduce intake of foods high in fat, sugar and salt

Why is this an issue in Oklahoma?

Food Banks in Oklahoma serve 354,800 people annually, while serving an additional 72,000 Oklahomans each week through non-emergency food programs. Among households with children served by Oklahoma Food Banks, 78% are food insecure.

The Oklahoma Policy Institute reported that the number of Oklahomans receiving benefits from the Supplemental Nutrition Assistance Program has increased to reach an all-time high of 615,664 persons which is roughly 23% of Oklahoma's adult population.

Trending data indicate food insecurity & hunger are on the rise across Oklahoma, especially in families with children, with 1 in 5 children at risk of being hungry in Oklahoma.

Societal Outcomes

- Positive behavior change related to meal planning, shopping, cooking, food preparation, food preservation, and food safety practices will positively impact Oklahoma's rates of food insecurity and hunger due to the increased ability of Oklahomans to manage their food resources.
- Addressing hunger will help improve physical, emotional, and intellectual development of Oklahoma families, ensuring healthier and better prepared citizens.



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Hunger Issue Team Programs offered

Programs offered through Family and Consumer Sciences

- Adults Need Dairy, Too
- AgrAbility: Tools and Gadgets for Everyday Living
- Dig In! Gardening and Nutrition
- Dining with Diabetes
- Eat Healthy*Be Active
- Empowering Older Adults with assistive technology to shop, cook & eat
- Family Freezer
- Food Safety Basics
- Food Safety for Seniors
- Grow it, Try it, Like it
- Home Food Preservation
- Journey Through Health
- Loving Your Family, Feeding Their Future
- Pathways to Success
- Produce Safety
- Recipe Modification
- Steps to a Healthful Diet
- Steps to a Healthier Weight
- The Great Garden Detective Adventure
- Wild game Food Safety: Fish & Venison

Programs offered through 4-H

- Ag in the Classroom
- Empowering Youth to End Hunger in their Communities Toolkit
- Fantastic Foods: Six Easy Bites, Tasty Tidbits, You're the Chef, Foodworks
- Fit and Healthy: Staying Healthy
- Food, Cultures, & Reading
- Food Science: Leader Notebook Level 1, 2, 3, 4
- Living History: Outdoor Cooking
- Master Gardener
- Outdoor Adventures: Camping Adventures
- Animal Science - Beef Quality Assurance
- Animal Science - Pork Quality Assurance



**CONTACT YOUR LOCAL EXTENSION
EDUCATOR TO SCHEDULE
A HUNGER PROGRAM**



Partners

- Local County Educator
- OSU Extension Specialist
- Program Advising Committee
- Various partnering organizations

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