Centenarian Storytelling: It’s Never Too Late to Achieve Resilience

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Friday, November 17th
12:15 pm - 1:15 pm
Main Hall 2227, OSU-Tulsa

Light lunch provided at noon. Simulcast to Stillwater

Objectives:
1. Understand the therapeutic value of oral historical storytelling relative to well-being.
2. Identify key well-being attributes enhanced by engagement in oral historical storytelling.
3. Demonstrate life history narratives of resilience that help foster positive well-being in human longevity.

Questions? Contact Dr. Harrist, Amanda.harrist@okstate.edu