



CENTER FOR FAMILY RESILIENCE
Department of Human Development and Family Science



CFR RESEARCH SEMINAR

Centenarian Storytelling: It's Never Too Late to Achieve Resilience

Alex Bishop, Ph.D.

Dept. Human Development and Family Science

Friday, November 17th
12:15 pm - 1:15 pm
Main Hall 2227, OSU-Tulsa

Light lunch provided at noon. Simulcast to



Objectives:

1. Understand the therapeutic value of oral historical storytelling relative to well-being.
2. Identify key well-being attributes enhanced by engagement in oral historical storytelling.
3. Demonstrate life history narratives of resilience that help foster positive well-being in human longevity.



CENTER FOR FAMILY RESILIENCE

Seminar Series sponsored by OSU's Dept. of HDFS

Center for Family Resilience, OSU-Tulsa

Questions? Contact Dr. Harrist, Amanda.harrist@okstate.edu