The Human Development and Family Science Graduate Certificate in Infant Mental Health integrates research, theory and practical application of infant mental health principles.

Infant Mental Health is defined as “the developing capacity from birth to three to experience, regulate and express emotions; to form close relationships; and to explore the environment and learn — all in the context of family, community and cultural expectations for young children.” Coursework addresses these concepts from a developmental and attachment-based perspective and emphasizes reflective practice.

APPLICATION REQUIREMENTS

- Online application and application processing fee
- Transcripts
- Resumé or CV
- Statement of professional goals
- Three letters of recommendation
- TOEFL (if English is your second language)

COURSE DESCRIPTIONS

HDFS 5233: Infant Mental Health
Foundations of infant mental health theory, research, and practice. Includes the familial context of children’s early development and the importance of infant-caregiver relationships, early intervention, assessment, and reflective practice. Emphasis is placed on the application of infant mental health principles across settings and disciplines focused on early childhood and families.

HDFS 5243: Infant and Early Childhood Development and Attachment
Survey of research and theory pertaining to infant and early childhood development and attachment. Content includes cognition and learning, social and emotional development, and assessment. An emphasis is placed on attachment and implications for practitioners working with young children and families.

HDFS 5193: Reflective Practice
An exploration of the principles and methods of reflective practice. Reflective journaling and group interactive dialogue based on the application of theoretical models. Supervised field experiences in community settings.

HDFS 5343: Developmental Assessment and Interventions
Applications of qualitative and quantitative approaches to observation and developmental assessment and intervention strategies for students preparing to become specialists or practitioners working with children and families, including early childhood educators, child and parenting practitioners, and human service practitioners.

HDFS 5513: Issues in Family Science
Current and classic literature in family studies. Consideration of philosophical bases and current research issues relevant to the family as a field of study.

FOR MORE INFORMATION

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http://okla.st/InfantMentalHealthGC