

Aging Adult Resources in the Greater Stillwater Area

Rev. 6/12/2020

Contact agencies to confirm services, hours and locations.

Category	Organization	Services	Phone	Online	Hours
Aging Services	Oklahoma Dept. of Human Services (DHS) 50 NE 23rd St. Oklahoma City, OK 73105	Offers a variety of services for older persons.	405-521-2281	http://www.okdhs.org/services/aging/Pages/AgingServicesMain.aspx	
Assistance - Community Resources	Stillwater Public Library 1107 S. Duck Stillwater	Links for resources on: Food, Rent & Mortgage, Utilities, Phone & Internet, Healthcare, Legal Assistance. Updated periodically.	405-372-3633	http://library.stillwater.org/COVID19/getting_help.php	Reference librarian can help over the phone. Library hours vary due to Covid-19.
Assistance - Community Resources	Dial 2-1-1	Toll-free helpline connects individuals in need of services to nonprofits ready to help.	211		24 hour service
Assistive Technology	Oklahoma ABLE Tech Connects Oklahomans to assistive technology. Located at OSU-STW. Funded thru US Dept. of Health & Human Services(DHHS) and other partners.	Assistive tech is equipment used to improve capabilities of people with disabilities, including medical equipment. Borrow a device. Device Reutilization Program. Online demos. Low interest loans for device purchase. Services for all ages. Easy-to-use website.	1-800-257-1705 toll-free & v/tty	https://www.okabletech.org/	
Crisis Helpline - Child Abuse	Child Abuse Hotline	24 Hour Helpline	1-800-522-3511		24 hour service
Crisis Helpline - Domestic Violence	National Domestic Violence	24 Hour Helpline	1-800-799-7233		24 hour service
Crisis Helpline - Domestic Violence	Wings of Hope 3800 N. Washington St. Stillwater	24 Hour Helpline	405-372-9922 or 1-800-624-3020		24 hour service

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Crisis Helpline - Mental Health	Grand Lake Mental Health Ctr. Adult Services 1624 Cimarron Plaza Stillwater	24 Hour Helpline	1-800-722-3611	https://www.glmhc.net/	24 hour service
Crisis Helpline - SUICIDE	National Suicide Prevention Lifeline	SUICIDE PREVENTION 24 Hour Helpline	TOLL FREE 1- 800-273-8255	https://heartlineoklahoma.org/	24 hour service
Crisis Intervention	Heartline	All types of crisis help for all ages. Help, hope and info 24-hours/day	211	https://heartlineoklahoma.org/	24 hour service
Food - Children	Salvation Army 1101 S. Lowry Stillwater	Boys & Girls Club - Stillwater Snack & Lunch for ages 1-18	405-372-1554	https://www.regionalfoodbank.org/summermeals	Tuesdays & Thursdays 11 am - 1 pm
Food - Grocery Pick-up	Life Church 1917 N. Country Club Rd. Stillwater	Volunteers will pick up groceries & necessities for elderly & immunocompromised in Stillwater area.	405-624-5433	https://www.life.church/stillwater/	Direct message them on their social media channels or call the office at number given here.
Food - Meals Delivered	Project H.E.A.R.T. (Helping Elderly Americans Reach Tomorrow) 312 W. 9th Ave. Stillwater	Lunch \$1.50/ea. Home delivery always available. Drive-thru pick- up till end of Covid-19 restrictions. Sit down lunches will resume after restrictions are lifted. Serves Stillwater, Perkins, Cushing & other towns.	405-372-1201		Monday - Friday 12 noon - 1:00 p.m. for people age 60+ & their spouses. Also delivers meals.
Food - Meals	4 Kids and Community Perkins, OK	Community supper may be cancelled or have delivery-only.	405-547-2663		No other info to date.
Food - Meals	Community Christmas Dinner	Hot meal on Christmas Eve or Day		Announced on community news media	Christmas Day, 11 - 2 pm Location to be announced
Food - Meals	Community Thanksgiving Dinner	Hot meal on Thanksgiving Day		Announced on community news media	Thanksgiving Day, 11 - 2 pm Location to be announced

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Food - Meals	First Presbyterian Church 524 Duncan Stillwater	Meal-to-Go	405372-5580	www.stillwaterfpc.org	Saturdays 11 - 12 noon Fellowship Hall
Food - Meals	First United Methodist Church Family Life Center 401 W. 7th Ave.	Community dinner meals-to-go	405-372-5854	https://fumcstw.org/ministries/community-resources/	Thursdays 5 - 6 pm
Food - Children	Stillwater Public Schools Various locations for Free Meals Program	Free grab & go breakfast & lunch weekdays for all Stillwater children ages 1-18. No questions, registration or paperwork. Drive- thru or walk-up.	405-533-6445	https://docs.google.com/document/d/1gESk-UVOrO8m3LklQg3YDRvGnzlaDaaGRaoQ5UOhErw/preview	Monday - Friday. Check website for locations, dates, times and Covid-19 procedures.
Food - Meals & Pantry	Salvation Army 1101 S. Lowry Stillwater	Food pantry boxes for pick-up. Dinner meals for children. Lunch truck distributing meals.	405-372-1554	https://www.facebook.com/SalArmyStillwater/	Call for times, dates and locations
Food - Meals Delivered	Stillwater Mobile Meals through Stillwater Medical Center	Lunch delivery for homebound elderly & convelescents. \$4 lunch. Serving new & existing clients.	405-742-5765	www.stillwater-mobilemeals.org	Monday - Friday
Food & Resources	Regional Food Bank of Oklahoma 3355 S. Purdue Ave.	Serves the western half of the state. Food Pantry Locator at this link.	405-972-1111	https://www.regionalfoodbank.org/get-help#Pantry	
Food Pantry	Everyman Store 713 S. Main St. Stillwater	There's a food cabinet for those in need outside the store near the front door. Take what you need. Leave what you can.			24 hour service
Food Pantry	Love Inc. Cushing, OK	Weekly food pantry & emergency clothing.	918-225-0973	info@loveinc.care	Make an appointment by calling or emailing.

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Food Pantry	Mehan Union Church 8300 E. 68th Stillwater	Food pantry & emergency clothing.	405-743-2097	mehanunionchurch@gmail.com	Call to verify hours Sundays 8:30 - 10:30 am Open 1st Sat. after the 1st Tues. of the month
Food Pantry	Neighborhood Ministry 1005 E. Kirk Perkins, OK 74059	Food Pantry	405-547-2481	mgboyles@yahoo.com	Call to verify hours Thursdays 6 - 7 pm
Food Pantry	Regional Food Bank of Oklahoma 3355 S. Purdue Ave. Oklahoma City, OK 73179	Commodity Supplemental Food Program (CSFP) - Senior Boxes. Monthly box with 16-20 food items. Not available in all counties. Visit link for availability and contact info.	405-972-1111	https://www.regionalfoodbank.org/get-help/resources#Senior	Not available in Stillwater, available in many other locations.
Food Pantry	Our Daily Bread Food & Resource Center 701 E. 12th Ave. Stillwater	Food pantry. Drive-thru food distribution of food boxes. Social services & community education.	405-533-2555	https://www.ourdailybreadstillwater.org/	Call or check online to confirm hours & find out what ID to bring to your first visit. Covid-19 hours: Tuesdays 2-6 pm Thursdays 9-1 pm 3rd Saturday of month 9-noon
Food Voucher	Oklahoma Senior Farmers' Market Nutrition Program (SFMNP) Oklahoma Dept. of Human Services Adult & Family Services 2400 N. Lincoln Blvd. Oklahoma City, OK 73124	Offers income-eligible seniors EBT cards to use at farmers markets in certain counties. See link for more information.	405-521-3444	http://www.okdhs.org/services/snap/Pages/sfmnp_what.aspx	Not available in Payne Co., but it is in Tulsa, OKC and dozens of others locations.
Food Voucher	Oklahoma Supplemental Nutrition Assistance Program (SNAP)	Monthly benefit to buy food based on size of household, income & expenses		https://www.okdhslive.org/popup/ProgramFAQSEnglish.aspx	

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Legal Services	OK-SPLASH: Oklahoma Sixty-Plus Legal Aid Services Helpline Legal Aid Services of	Free legal advice & counseling helpline for 60 & older	918-308-5295 or 1-855-488-6814	https://www.legalaidok.org/senior-legal-help/	Monday - Thursday 9 am - 11:30 am & 1 pm - 3 pm
Mental Health	Grand Lake Mental Health Ctr. Adult Services 1624 Cimarron Plaza Stillwater	Recovery-focused services for persons with mental illness & persons with co-occurring substance related disorders	405-372-2202	https://www.glmhc.net/	Extensive use of telehealth with accommodations for those without access to internet. Walk-ins are welcome. Covid-19 safety measures are in use.
Mental Health	Stillwater Interfaith Counseling Center	Professional counseling services for all ages, individuals, couples & families. Sliding fee scale based on annual household income. Accepts some insurance plans.	405-624-5840	https://sifcc.org/index.html	Call for an appointment
Rx Prescription Discount	Regional Food Bank of Oklahoma 3355 S. Purdue Ave. Oklahoma City, OK 73179	Free prescription discount card from Watertree in partnership with the Regional Food Bank. Save up to 80%. Apply at link.	405-972-1111	https://www.regionalfoodbank.org/get-help/resources#Rx	

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